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# ACTION

WASHINGTON, D.C. 20525

*John  
to the file*

Dr. Carlton Turner, Director  
Office of Drug Abuse Policy  
Old Executive Building  
Washington, D.C.

Dear Dr. Turner:

By way of keeping you informed on various ACTION Drug Prevention Program (ADPP) initiatives, information on our Drug/Alcohol/ Rehabilitation/Education (DARE) demonstration project is forwarded in the enclosures identified below.

1. DARE Project brief.
2. Project update letter of January 7, 1983.
3. Highlights and summary of project activities--Year I.
4. DARE Newsletter (5th in the series).
5. ACTION News Release on DARE BRONX Marathon, together with samples of media treatment of the event.
6. Representative media treatment over the ten-county project area.
7. Project pamphlets:
  - a. "A call to ACTION -- Youth Drug/Alcohol Abuse", training program.
  - b. Workshop: "Substance Abuse Ministry...for Educators".
  - c. "A Resource Manual for you and the Family".
8. Comprehensive DARE year-end report: "Youth--Alcohol/Drugs --A Call to ACTION".

Additional information on the DARE project will be forwarded on a continuing basis. If I can be of further assistance to you on this, or other ADPP initiatives, please let me know.

Sincerely,

Angie Hammock, Director  
Drug Prevention Program

Enclosures (8)

2/7/83

**ACTION Project Manager:**  
Leo F. Voytko  
(202) 254-8420

Substance Abuse  
Title I, Part C  
Grant # 137-H193/2

Project: Drugs/Alcohol/Rehabilitation/Education (DARE) Model 1

Grantee: Office of Substance Abuse Ministry  
Department of Education -- Archdiocese of New York  
1011 First Avenue,  
New York, New York 10022

Contact: Reverend Terrence Attridge, Executive Director  
(212) 371-1000, Ext. 2817

Budget Period & Total Funding:

30 Sep 81 - 30 Nov 82: \$51,700, ACTION; \$100,868, Grantee  
01 Dec 82 - 30 Nov 83: \$51,700, ACTION; \$231,050, Grantee

Congressman/Congressional District: Bill Green/18th District-N.Y.

Goals & Activities:

Development and testing of a volunteer service model which addresses the widespread use/abuse of drugs and alcohol among young people, and provision of rehabilitation and preventive educational services. The project supports volunteer-based activities in three major areas: 1) Prevention--working with area parents, family and youth groups to develop skill in problem solving and decision making, and to promote the concept of personal responsibility; 2) Education--through a series of awareness and information sessions and training programs conducted throughout the project area on a periodic basis for parent groups, youth groups, school teachers and administrators, members of parish councils, and clergy area conferences; and 3) Intervention--interruption of behavior patterns which may lead to eventual dependence or addiction through recognition of the signs and symptoms of drug and alcohol use, knowledge of the various kinds of drugs and drug paraphenalia, and the development of skills in early, effective intervention, including referral to appropriate treatment resources as required.

Number of Volunteers/Volunteer Responsibilities:

Budget supports 3,500 young and adult volunteers trained for service at some 750 volunteer stations located throughout the multi-county service area. Demonstration plans include generation of some 800,000 volunteer man-hours in service to an estimated 236,000 youthful beneficiaries in the project area.

ENCL 1



National Implications/Demonstration Potential:

The DARE model is responsive to a need assessment in the project area which determined that drug and alcohol abuse cuts across all economic and social lines. The urban, suburban and rural residents of the project area are increasingly confronted with the far-reaching effects of substance abuse and a realization that "it is happening here." The DARE program is being inaugurated through adult and youth components: The Adult Component provides intensive training for adult volunteers--selected on the basis of ability and willingness, interest, time and energy for the training program and subsequent work with youth--as leaders and local community substance resource persons; the Youth Component involves young volunteers in development of youth awareness through development and use of peer guidance support systems.

Applicability to ACTION Initiatives:

Project is supportive of White House/ACTION efforts toward involvement of business and community leaders and organizations, together with parents, peers and volunteer groups in stemming drug use among youth. DARE achievements have generated interest among dioceses across the nation, several of which have expressed interest in replication of the DARE model.



18101

ARCHDIOCESE OF NEW YORK



OFFICE OF SUBSTANCE ABUSE MINISTRY  
 1011 First Avenue · New York, N.Y. 10022  
 (212) 371-1000

January 7, 1983

Mr. Thomas Pauken, Director  
 ACTION  
 806 Connecticut Avenue N. W.  
 Washington, D. C. 20525

Dear Tom,

As the new year begins D.A.R.E. continues its efforts to live up to its reputation as "the hottest program in the country" in regard to education and prevention. "No other place has put it all together" your agency has stated. We have also received positive recognition in the hearings before the Select Committee on Narcotics Abuse and Control (House of Representatives) and Joseph Califano's Report (published June '82) to New York State Governor Hugh Carey, entitled "The 1982 Report on Drug Abuse and Alcoholism" and a sub-report authored by Migs Woodside, a spin-off of Califano's hearing entitled "Children of Alcoholics" (July, 1982).

D.A.R.E. has trained to date almost 600 people as Substance Abuse Ministers in our 13 centers involving about 2000 people in our program. Through the generous support of NBC-TV we developed and have aired public service spots which have generated at least 25 phone calls a day for training or referrals for treatment. These spots will be shortly aired on other stations both radio and t.v. We presently have five regional offices and hope to add an additional four by June. All our offices are having a major impact in their areas networking with other groups and involving the total community in education, prevention, intervention, referral for treatment and getting community action through parent groups. The regional population represents the diverse population that makes up our Archdiocese and most of the country. They are also models of urban, suburban and rural communities.

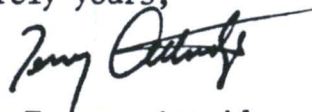
The purpose of this letter is twofold. First it will give you a brief update of our program and secondly to seek a letter from you endorsing D.A.R.E. In order to obtain funding for our regional offices through the private sector, we must have supportive letters from concerned and involved people such as yourself.

ENCL. 2

Continuing in the spirit you have manifested in the past, I would appreciate receiving your endorsement as soon as possible.

Wishing you the best for the coming year, I am

Sincerely yours,



Father Terence Attridge  
Director  
Substance Abuse Ministry

FTA:hp



THE NEW YORK STORY  
high-lights

- 1979: Terence Cardinal Cooke establishes a Commission on Youth charged with focusing on alcohol and other drug abuse. The Commission is headed by T. Vincent Learson, Chairman retired of IBM; the Executive Director is Monsignor William B. O'Brien, President of Daytop Village, Inc. Included on the Commission are other outstanding laity, religious and clergy.
- 1980: Office of Substance Abuse Ministry is established as a direct result of the policy recommendations of the Commission on Youth. The Director is Rev. Terence Attridge; Associate Director is Sr. Brian Hoar. The Office is charged with the responsibility to coordinate, plan and direct the multifaceted programs of the Archdiocese of New York in its efforts against alcohol and other drug abuse.
- 1981: Implementation of DARE (Drugs/Alcohol/Rehabilitation/Education) an action project with adult and youth components geared to the utilization of volunteers in prevention, education and early intervention efforts throughout the New York Archdiocese.
- Sept. '81 to Aug. '82. Initiated 12 centers throughout the ten counties comprising the Archdiocese of New York.  
Trained over 450 SAM'ers  
Involving over 1500 people  
Offering follow-up inservice programs  
Generating over 236,068 volunteer hours.
- March '82 to June '82 Established three Regional Offices  
Sullivan County  
Rockland County  
Northwest Bronx
- All are having a major impact in their area networking with other groups and involving the total community - in education, prevention, intervention, referral for treatment



and getting community action through parent groups. The above regional population represent the diverse population that make up our Archdiocese and most of the country, they are also models of urban, suburban and rural communities.

### Summary

#### PART I      Commission Report

- Alcohol and other drugs undermines the future of America by threatening the well-being and lives of her youth.
- Alcohol and other drug abuse is a symptom of the contemporary breakdown of traditional values, family relationship and faith.
- The problem crosses all social and economic groups in society - the rich, middle class and the poor, the educated and uneducated, those from urban, as well as from suburban and rural sections.
- Treatment is important, but too late. We must focus our attention in the area of education, prevention and intervention.
- Cardinal Cooke says the Church of New York will be directly involved with this problem and it is only by helping the individual will we begin to solve the family and social problems which result.
- Cardinal Cooke establishes the Office of Substance Abuse Ministry to direct his outreach to youth and families.

#### PART II    The Office of Substance Abuse Ministry

- Basic to the philosophy and concept of SAM is recognition that what must be changed are attitudes and values which lead to substance abuse
- Adult oriented - helping parents to help their sons and daughters in their area
- Must involve the total community: youth, families, parishes, schools, service agencies, Chambers of Commerce, law enforcement, health care agencies, etc.

#### PART III   Why a Ministry?

- We have to treat the "whole person"
- We are talking about a way of life rather than a program or a crusade
- We believe God works in this world today and therefore motivated by love we reach out to those afflicted with the effects of alcohol and other drugs helping them to experience a new life without

the use of their crutch.

- SAM'ers are people who have a strong desire to perceive the worth and dignity of every person and who believes that those trapped in the problem of alcohol and other drugs need them to be there in person.

PART IV      ACTION \*

- Detail account of what we have been doing for the last year and a half
- How effective the training program and follow-up is, but especially, how crucial to the success of this project is to have Regional Coordinators who are dynamic, well-trained and energetic who can network and impact on the total community where they are situated.
- This section covers a sampling of what has happened since SAMers have been trained and the three regional offices established.
- We have involved not only youngsters in parochial schools but also youngsters and families in public and other private schools. For example in the Northwest Bronx, District 10 is one of the largest school districts in the country with the greatest concentration of students. There are 32,000 students enrolled up to and including the ninth grade and about 16,000 in the high schools. The public school enrollment totals 44,483 for grade schools and high schools in Rockland County. In Sullivan County, the total enrollment for both is 10,197. The enrollment in the entire Archdiocese of New York is 94,664 in elementary and 39,148 for the high schools, not to mention the other counties.
- Theme for community involvement is 'Only Natural Highs for our kids' (vs. chemical). This is being communicated by a number of events through '82-'83 in our various regions.

PART V      Look to the Future

- Reliable information, not scare tactics
- Values and attitudes have to be looked at
- Family closeness has to be strengthened, especially communication
- "a kid's best ally is his parent, often a parent's best ally is another parent"

\* ACTION Agency, Grant No. 137-H193/1

- Continuation of training in 13 centers
- Nine workshops for educators
- Increase number of regional coordinators because they are so important
- Youth component works well when trained for peer ministry, and using basic principles of youth ministry.



OFFICE OF SUBSTANCE ABUSE MINISTRY

# NEWSLETTER



1011 First Avenue · New York, N.Y. 10022  
(212) 371-1000

ARCHDIOCESE OF NEW YORK

FALL 1982

NO. 5

## FROM THE DIRECTOR

One of the main objectives of DARE is not only to make SAM'ers more proficient in the area of alcohol and other drugs, and reach out to our youth and families but to organize as many parents in our local areas and get them to realize the power that they are.

In line with this I have been invited to become a member of the CORE Committee for Citizen's Alliance to Prevent Drug Abuse (CAPDA).

- helping assess the extent of the community's drug problem and develop local projects to address the needs
- identifying existing community resources and encouraging linkage among community agencies.
- promoting community awareness and education/prevention in this field

We can't clean up our neighborhood communities on our own, or continue our efforts in preventive education unless we make our elected officials aware of their responsibility to do their job and get them to support legislation for funds for our work.

I would encourage you to talk to your local politicians to get them to support you or use the suggested letter in the Newsletter to express your position. Our purpose is to position drug problems as a human and social tragedy demanding broad, productive efforts which can restore lives.

Another item you might notice is our TV public service announcements. The purpose is to encourage others to take our Training Program and become effective SAM'ers in their local area. These spots have generated many requests along with

people seeking treatment for their problems with alcohol and drugs. Shortly, we will be expanding to other channels and radio stations with these PSA's. However, you are the greatest witness to our effort to reach out and restore! Encourage others to take our Training Program and work with you.

Fr. Terry Attridge

Adolescent drug/alcohol treatment comes down to convincing kids that you believe in them more than they believe in themselves. Kids spend a lot of time trying to convince you that they are not worth anything and that they can't make it.

(Tom Collins, Director of Adolescent Chemical Dependency Treatment Program, Fairview Hospital in Minneapolis, MN)

## LOCAL GROUPS HELP

In many communities, support for adolescent drug programs is coming not only from the budgets of large educational institutions or government agencies, but from small and energetic local groups. The following groups throughout the country have made significant contributions in sponsoring workshops, providing scholarships for the training of individuals, co-sponsoring youth activities, and covering a variety of program expenses: Junior League, WMCA/YWCA, Lions Club, Kiwanis Club, Knights of Columbus, Labor Unions, Banks, Insurance Companies, and the National Alliance of Business. Many other local groups are willing to lend, or have already lent support toward this work. Some planned research will help identify such groups in your area. In light of recent budget cuts, such cooperation and support is essential in meeting needs of troubled youth.

## MADD

Candy Lightner, a concerned and active parent from Fair Oaks, California, has recently formed a national organization called MADD - Mothers Against Drunk Drivers. Mrs. Lightner feels that our criminal justice system and our courts appear to believe that drunk-driving manslaughter is a "socially acceptable" form of homicide. Her organization has about 32 chapters in seven states. They work to alert the public to the serious consequences of drinking and driving, as well as to educate victims of drunk drivers and other concerned citizens as to what they can do to help resolve the problem in their state and community.



WHAT MESSAGE IS THIS  
GIVING TO CHILDREN?

ENCL 4



## MEMO TO LOCAL AND STATE OFFICIALS

The New York State Citizens Alliance to Prevent Drug Abuse recently sent a letter to the 1982 candidates for public office, urging them to give serious consideration to the problems caused by drug and alcohol abuse, and to support continued funding and services along these lines. Parent groups, educators and other concerned individuals are urged to join in this effort to keep our elected officials aware of their responsibility to address these problems which affect a large segment of our society, particularly the tragic plight of children drawn into the drug scene before life has even begun to open up for them. Write to your newly-elected public officials expressing your concern and urging their support. Excerpts from the CAPDA letter follow. Feel free to adapt them in writing your letters, if you wish.

"...New Yorkers from every walk of life are concerned about the damage inflicted by drug use and drug addiction. The range of drug abuse/misuse is wide: uninformed use of medications by the elderly; the casual ingestion of mind-altering pharmaceuticals by those in stress; the recreational use of substances with a high potential for physical dependence or damage; the disorientation and menace of the marijuana smoker in the workplace or behind the wheel." (Include also your concerns about alcohol-related injuries, accidents and deaths.) "New York State has mounted over the past 15 years the world's largest and most diverse system for the prevention, treatment and rehabilitation of drug problems. In the past few months major efforts have been made to inform and enlist parents. . ." (in an effort to emphasize prevention, education and early intervention.)

-As concerned citizens we enlist your support for maintenance of funding and services at the level currently provided.

-We ask that drug problems be acknowledged as continuing and tragic social problems which will be healed only by a planned, well-managed system of care conducted in cooperation with other sectors of human service and the larger community.

-We ask that a public awareness campaign be considered to elicit greater family and community involvement

and continued support be provided in the establishment of parent groups.

We are confident that with our new administration we will see the agency responsible - the Division of Substance Abuse Services - become more and more a core from which information and strategies for dealing with drugs can be coordinated.

We congratulate you on your recent election to public office and we appreciate your studying our proposals.

### WHAT'S A PARENT TO DO?

Community involvement is the key to promoting positive awareness among young people. Get involved. Get people in your community to work together.

-Start a parents group. The National Federation of Parents for Drug-Free Youth (NFP) can provide a how-to starter kit to help get local organizations off the ground. Contact NFP, 9805 Dameron Drive, Silver Spring, MD 20902

-Have your group seek support and technical assistance from corporate and government programs like ACTION's Drug Use Prevention Program. Win the aid of local businesses.

-Work with other community groups, such as the PTA, in obtaining and disseminating information among young people and adults.

-Support local community service projects. Drug use among young people often results from idleness and having nothing worthwhile to do.

-Begin talking to one another about drug use. Frequently, parents are unwilling to admit to each other that their children have a problem. Share experiences and determine ways to insure that your children will have a chance to get through school drug-free.

-Raise awareness through local and statewide conferences and workshops.

For additional information, contact:

The Drug Use Prevention Program  
ACTION  
Washington, DC 20525

The ACTION National Family Resource Center  
Parents Resource Institute (PRIDE)  
Georgia State University  
University Plaza  
Atlanta, GA 30303

Drugs play a significant role in highway fatalities.

## REGIONAL COORDINATORS

Two new regional SAM offices have been added to our growing staff. The Staten Island office will be headed by Sister Madeleine Murphy, O.P., the Director of Religious Education at Holy Family in Staten Island.

The Northern Westchester/Putnam Co., area's new coordinator will be Patricia Shiel, wife of Deacon Tom Shiel, of St. John's in Mahopac. Pat has long been active in youth ministry in various capacities.

Below is the address and phone contact for each of the regional coordinators. Substance Abuse Ministers and other interested persons are invited to get in touch with their coordinators who will be glad to be of assistance in any way possible.

Sr. Madeleine Murphy, O.P.  
Staten Island SAM Office  
Holy Family Rel. Educ. Ctr.  
366 Watchogue Road  
Staten Island, NY 10314  
212-761-0504

Patricia Shiel  
N. Westchester/Putnam Co. SAM Office  
St. John's Rectory  
105 Msgr. O'Brien Blvd.  
Mahopac, NY 10541

Sr. Kevin John Shields, O.P.  
Sullivan Co. SAM Office  
Box 1011, Liberty, NY 12754  
914-292-9100

Deacon Farrell Hopkins  
Rockland Co. SAM Office  
Bx 225, Orangeburg, NY 10962  
914-359-5663

Sr. Alberta Carey, SC  
NW Bronx, SAM Office  
International Center  
College of Mt. St. Vincent  
Bronx, NY 10471  
212-543-6944

Parents together tackling the problems of youthful drug and alcohol abuse are unquestionably more effective than individual parents confronting these problems alone.

Junior high school children have the impression that drug use is harmless; one third of all New York State's 7th and 8th graders have smoked marijuana.



## YOUTH: THE ALCOHOL CONNECTION

Teachers, counselors, parents and other persons working with youth will find an excellent resource in a booklet of updated information, facts and resources on youth and alcohol compiled by the New York State Division of Alcoholism and Alcohol Abuse in Albany. Contained in the folder is a series of special subject areas including youthful alcohol consumption patterns, signs and symptoms, juvenile justice, drinking and driving, alcohol programs for youth, alcoholism as a family disease, self-help groups, etc.

The booklet, entitled Youth: The Alcohol Connection, was among the materials presented to attendees at the recent Governor's Conference On The Children of Alcoholics, held at the New York Statler Hilton Hotel on October 14-15, 1982. Both the Governor and his wife, Evangeline Gouletas-Carey were present at the Conference and expressed their concern over the numbers of children of alcoholics whose special needs have largely gone unrecognized and for whom little organized assistance has been available.

Attending the conference were over 400 educators, social workers, agency personnel and members of the clergy. It is expected that new programs will be developed to respond to the needs of these children, particularly through the schools and service agencies within the State. The cost-free booklet is available upon request from the office of New York State Division of Alcoholism and Alcohol Abuse, 194 Washington Avenue, Albany, New York 12210.

## D. A. R. E. MARATHON

School District 10 and the Archdiocese of New York, representing a community of approximately 60,000 schoolage youngsters, recently joined together in a community mobilization campaign which brought together shopkeepers, community agencies, the police, the Chamber of Commerce, and many other groups and neighborhood organizations in a community-wide marathon. The purposes of the marathon were to raise awareness, to provide a visible alternative to drug involvement, to have youth experience the natural highs that come with the physical activity of running, along with the recognition and support of their community.

Several hundred youngsters from fifth through tenth grade joined in the marathon, cheered on by parents, friends, community representatives, and sponsors. The runners wore green and white T-shirts donated by the New Jersey Devils Hockey Team, and bearing their slogan "Only Natural Highs For Us". Each runner received a certificate of participation as well as the T-shirt. Trophies were presented to the winners by Doug McKeon ("On Golden Pond") and by members of the New Jersey Devils.

The marathon, sponsored jointly by Community School District 10 and the New York Archdiocese, was part of an ongoing campaign in which a community has joined together to say, "Our kids will not be preyed upon by drug dealers or by those shop keepers selling alcohol to minors. Our kids will have community-sponsored activities and events in which they can have "natural highs", and can have fun and recognition without getting stoned or drunk."

According to Robert L. Dupont any recent decline in drug use and abuse is probably "less the result of efforts of drug abuse professionals, and more the direct result of the rising tide of outrage coming from American parents."

### FAMOUS LAST WORDS:

- Of COURSE I'd know if my child was using drugs!
- There's no drug problem in MY town!
- Alcohol would NEVER be served at a party for 14-years olds!
- This is a GOOD school; no drugs HERE!
- I drive BETTER when I've had a drink!
- He wouldn't touch DRUGS, he just drinks beer!

## MARIJUANA UPDATE

- Marijuana (pot, grass, weed) smoke contains substantially more cancer-causing chemicals than tobacco smoke
- Chemical ingredients in marijuana can stay in the body up to a month following the smoking of a single joint
- Today's marijuana is about 20 times stronger than marijuana used in the 1960's
- Marijuana users can experience a psychological dependence on the drug and can develop a tolerance to the drug, requiring, them to use more or stronger forms of marijuana to achieve the same level of "high"
- The effects of marijuana can linger long after the "high" is gone
- According to a 1981 nationwide survey of high school seniors, 58% of those surveyed felt there was a "great risk" in regular marijuana use, and 3/4 of all seniors surveyed felt their close friends would disapprove of pot smoking.

## MINNESOTA ON THE MOVE

In many states it is illegal for a person to be driving a vehicle in which there is an open liquor bottle. This is considered prima facie evidence of a crime in the case of a person stopped for a DUI (Driving Under the Influence) or a DWAI (Driving While Ability Impaired). The state of Minnesota has recently in regard to marijuana use and driving, with its "open baggie" law. Anyone with marijuana in the car - whether smoking it or not - is considered to have committed a crime. If involved in an accident or driving recklessly "in a serious way", the person is treated within the criminal justice framework. First offenders who have not endangered anyone is obliged to attend a mandatory "pot course" on the hazards of marijuana and pot-impaired driving.

A second-possession offense usually mean a fine of up to \$500 and a series of weekends in a county jail or work farm. Of the 9000 first-offenders who have gone through the six-hour course, only 22 have been arrested a second time. (Are you listening, New York?) Information on this mandatory "pot course" may be obtained by contacting: Bruce Bomier, Director, Minnesota Institute, 2829 Verndale Ave., Anoka, MN 55303

### SAM TRAINING PROGRAMS

Jan. - May 1983

7:30 - 10 P.M.

- Manhattan: St. Ignatius Loyola, Park & 84St. Jan. 4, 11, 18, 25
- Westchester: St. Joseph's Seminary Yonkers Jan. 6, 13, 20, 27
- N.E. Bronx: St. Lucy, Mace Bronxwood Ave. Feb. 1, 8, 15, 22
- N.W. Bronx: SAM Office/International Ctr. Mt. St. Vincent Feb. 3, 10, 17, 24
- E. Bronx: St. Raymond, Castle Hill Ave. off E. Tremont Mar. 1, 8, 15, 22
- Putnam/N. West'r: J.F. Kennedy HS, Rt. 138 Somers Mar. 3, 10, 17, 24
- Orange: John S. Burke HS, Fletcher St. Goshen April 12, 19, 26, May 3



## THE REVISED DRUG LAW

During the last legislative session, the New York Senate demonstrated its concern for the growing abuse of drugs by our youth. It approved legislation that strengthens New York's Drug Law by making it more effective. Through a revised sentencing structure for drug offenses, the courts are allowed more flexibility in sentencing first offenders and sellers and possessors of small quantities of controlled substances. However, the courts will be able to impose even harsher penalties for repeat offenders and those convicted of sale of possession of large amounts of illegal drugs. This new law tries to separate the first-time drug offender from the pusher and the repeat offender and builds on the old law in a realistic and fair manner.

### NARCOTIC PENALTIES

Classification	Possession	Sale	Sentence
<b>A-1</b>	4 oz. and over	2 oz. and over	min. 15 yrs. - life max. 25 yrs. - life
<b>A-2 first offenders</b>	2 oz. - 4 oz.	1/2 oz. - 2 oz.	min. 3 yrs. - life max. 8 1/3 yrs. to life
second offenders	2 oz. - 4 oz.	1/2 oz. - 2 oz.	min. 6 yrs. - life max. 12 1/2 yrs. - life.
<b>Class B: first offenders</b>	1/2 oz. - 2 oz.	up to 1/2 oz.	min. 1 - 3 yrs. max. 8 1/3 - 25 yrs.
second offenders	1/2 oz. - 2 oz.	up to 1/2 oz.	min. 4 1/2 yrs. - 9 yrs. max. 12 1/2 yrs. - 25 yrs.

### "DANGER AHEAD" PRODUCED BY ACM

The American Council on Marijuana has announced its new film, "DANGER AHEAD: Marijuana on the Road," produced in conjunction with the National Association of Independent Insurers.

Narrated by Jason Robards, the 22-minute film depicts the hazards of driving under the influence of marijuana and AND alcohol combined. In documentary fashion the personal experiences of teen age and young adult users are explored, along with the opinions of medical experts. The film does not lecture, quote boring statistics or offer conclusive proof of the hazards involved. It presents information to help the marijuana user or potential

user make an informed decision. Filmed in New York, Chicago and Miami, the film strives to educate young persons, first by showing their peers describing the hazards and then by encouraging them to talk about the problem.

In addition, there is a discussion guide for use in conjunction with the film and a resource list for additional information. Purchase price of the film is \$195. Cost of a 5-day rental is \$20. For further information about this film contact the American Council on Marijuana, 6193 Executive Boulevard, Rockville, Md. 20852. When requesting rental, give three choices of date for showing and allow 30 days for processing.

## TROUBLED ADOLESCENCE

Marijuana use has the ability to prolong the negative aspects of adolescence. Adolescents are more vulnerable than they will be at any other time in their lives. Hopefully, they will learn to cope with the anxieties of these troubled years and emerge as responsible adults. Marijuana, however, provides adolescents with a refuge from growing up emotionally. Many kids huddled over a joint are copping out, hiding from anxiety, loneliness, personal doubts, and other problems adolescents must confront in order to become responsible, self-assured adults. If they never come to grips with these problems, they will end their teenage years as only partially-finished adults, without the skills they need to cope with life.

(Excerpt from a talk by Dr. Mitchel Rosenthal, President, Phoenix House)

### SAM CREDIT

Several Substance Abuse Ministers have expressed interest in the possibility of obtaining academic credit or CEU's for the Substance Abuse Ministry Training Program they have completed, and/or for the substance abuse activities in which they are actively engaged. Information on this may be requested after January 1 from our main office in Manhattan or from any of our regional offices in Rockland Co., Sullivan Co., the Bronx, Staten Island and N. Westchester/Putnam Co. See listing elsewhere in this newsletter for phone numbers and coordinators in these areas.

OFFICE OF SUBSTANCE ABUSE MINISTRY  
**ARCHDIOCESE OF NEW YORK**  
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 Washington DC 20525 RM M606E



**ACTION**  
WASHINGTON, D.C. 20525

# NEWS

FOR IMMEDIATE RELEASE

CONTACT: FATHER TERRY ATTRIDGE  
(212) 371-1000

## BRONX MARATHON, "ONLY NATURAL HIGHS FOR US," TO FIGHT DRUG ABUSE

In a major thrust of its drive to involve the total community in the fight against drug and alcohol abuse, the Archdiocese of New York's Drug/Alcohol/Rehabilitation/Education (DARE) project and District 10 Public Schools will co-sponsor a 2.6 mile marathon in the North West Bronx Saturday, October 23.

Called, "Only Natural Highs For Us," the marathon's youthful runners will carry their anti-substance abuse message around the school district. The event, which is expected to involve 1,500 fifth-to-tenth grade students, will culminate with a rally at Walton High School Field, West 195th St. and Reservoir Ave., from 9:00 AM to 1:00 PM.

According to DARE Director Father Terry Attridge, the marathon typifies DARE's efforts to get people in the community working together in drug abuse prevention and education. "We want to see the whole community—schools, churches, agencies, business and families—getting the message out," says Father Attridge. "So often, natural highs like running, handicrafts or volunteer work are right in front of us and we just don't get in touch with them. The marathon," he adds, "is a prime example of the kind of local initiative the President has called for in the war on drugs. Awareness events like this help get parents to know the tremendous power they can have working against drugs and alcohol."

Since 1981, DARE has waged war on substance abuse in the Archdiocese's ten-county area. "We've set up twelve training centers," Father Attridge says. "A big part of our work is training those who work with young people and parents. In the last year, we've generated more than 236,000 hours of volunteer service."

DARE's activities receive strong support from ACTION, the national volunteer agency,

—MORE—

FOSTER GRANDPARENT, SENIOR COMPANION, AND RETIRED SENIOR VOLUNTEER PROGRAMS  
ACTION DRUG PREVENTION PROGRAM      YOUNG VOLUNTEERS IN ACTION  
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VIETNAM VETERANS LEADERSHIP PROGRAM      NATIONAL CENTER FOR SERVICE LEARNING

ENCL. 5

which for the second consecutive year has awarded DARE a Title I grant of \$51,700 to promote local, anti-substance abuse efforts.

The October 23 marathon is receiving help from diverse community sources, among them the Kingsbridge Little League, a professional hockey team, the New Jersey Devils, and a number of local merchants and organizations.

The rain date for "Only Natural Highs For Us" is October 30.

#####



IEW *BRONX PRESS REVIEW* November 11, 1982

### 'Natural Highs' Marathon Program Held



At "Only Natural Highs for Us" Marathon, sponsored by the Archdiocese and School District 10 alcohol and substance abuse program, on grounds of Walton HS, W. 195th St. and Reservoir Ave., are (left to right) Harriet Taylor, program coordinator; Bill and Isabel Rooney, School Board 10; Councilman Jerry Crispino, Bernard Englander, CB 7 district manager; and Det. George Johnson, Bronx Police Headquarters.



CNY/Chris Sheridan

**NATURAL HIGH**—Kevin King, one of 1,200 young participants in recent "Only Natural Highs for Us" marathon in the Bronx, gets good luck wishes from Father Terence Attridge of the Substance Abuse Ministry, while Julianne Joyce gets an autograph from actor Doug McKeon. The event was sponsored by the archdiocese's Project DARE (Drug, Alcohol, Rehabilitation, Education) and District 10 public schools.



# Hundreds of kids run for joy of natural high

(Continued from Page 1)  
School Field, where awards were given out in eight divisions.

Stephen Gough was locked in a battle for first in the Spiritor Boys Division with Rob Ford, another eighth grader at St. Margaret's, and Manuel Delvalle, an eighth grader at JHS 141. Stephen and Rob were running behind Manuel just a couple of seconds apart, until the last minute, when the leader dropped back. Rob surged ahead to finish first, and Stephen came in second.

"It felt like 3/4 to 4 miles, not just 2.8 miles. The hills were tough and I wasn't really prepared," said Stephen. "I just ran at my own pace and did what I had to do. The other kids just took off at the start and I got them on the hills. That's when I would speed up," said Manuel. A cramp in the last few minutes of the race slowed him down, he said. "I hope they have another one. I'll train even harder," he said.

JHS 141 students Eric Freshman and Jonathan Lauth fought a similar duel for top honors in the Junior Boys Division.

"It was neck and neck. When we got to a hill I went ahead. It was fun to win," said Eric. Eric's father, also an avid runner, followed along the race course on bicycle, to encourage his son.

Eric has run races in Van Cortlandt Park before, but for Jonathan, it was a new experience. "This was my first race. It was easy," he said.

The school holds Lung Association Fun Runs often, and between 40 and 50 kids from the school showed up for the mini-marathon.

"It was pretty easy. When everyone started, they started to run fast. When they got to the end of the block they slowed down and I got ahead of them. I wasn't really tired at the end. I could have run another two miles, easily," said Karen.

"I just took my time and if I got a pain I would stop," said sixth grader Margaret Moran, who took top honors for her school, PS 7, finishing seventh in the Junior Girls Division. Margaret ran with classmates Tanya Meek and Paula Soto.

"We're really good friends," said Tanya. She said it didn't matter that Margaret passed her and Paula. "We're probably a little jealous but we keep it to ourselves," she said, adding "I like running. We have relay races at school and I'm pretty fast. I think it's a whole lot of fun."

Paula says she started running because her friends did. At the end of the race, she said, "I met up with my friends and we told stories to each other about what had happened to us." All the runners from PS 7 were treated to a post-race pasta party at Peppino's.

"My mother stayed at the finish and she couldn't believe it," said Michael Casparri, top finisher for PS 81, who finished 9th in the Junior Boys Division. "It didn't seem that hard. I just got out of breath the last mile, but I just wanted to keep going," he said. Michael, a sixth grader, is a seasoned runner. He finished the Riverdale Run in 58 minutes this year. It was William Soto's first race,

however. The ninth grader was the first to finish for JHS 143, coming in 8th in the Senior Boys Division. "There were a lot of big guys, but they got tired," he said.

Following are the northern route top finishers, in order by division:  
Northern Route, Senior Boys: Rob Ford, St. Margaret's; Stephen Gough, St. Margaret's; Manuel Delvalle, JHS 141; Kevin Tangway, Cathedral Prep; Bradley Breeding, JHS 115; Danny O'Sullivan, Bx. Science; Kevin Scriboda, Sacred Heart; William Soto, JHS 143; Michael Geelan, JHS 141; Mark Kurtz, St. Ann's.

Northern Route, Senior Girls: Doreen Navas, St. Ann's; Mary Ann Connaughton, St. Margaret's; Monica Ruiz, Our Lady of Angels; Lorence Correa, St. Ann's; Veronica Hanley, St. Ann's; Noeem Brennan, St. Margaret's; Margaret Sheridan, Bx. Science; Luz Martinez, JHS 115; Ann Moylan, Visitation; Ann Diaz, Our Lady of Angels.

Northern Route, Junior Boys: Eric Freshman, JHS 141; Jonathan Lauth, JHS 141; David Ollstein, Riverdale Country School; Michael Browne, JHS 141; Donald Cunney, St. Margaret's; Michael Ramon, PS 89; Azgan Celal, PS 89; Danny Miller, St. Margaret's; Michael Casparri, PS 81; Michael Merced, St. Margaret's; Samuel Leon, St. Ann's.

Northern Route, Junior Girls: Karline Ross, PS 94; Karen Spillane, PS 95; Keara Gallagher, St. Ann's; Angelina Gjejal, PS 56; Theresa Merced, St. Margaret's; Liz Inglesse, St. Margaret's; Naomi Mwangi, PS 89; Margaret Moran, PS 7; Patricia Ryan, St. Margaret's; Tara Doberty, St. Ann's.



VICTORY hug awaited every youngster who crossed the finish line in the mini-marathon sponsored jointly by public and parochial schools in District 10. Local youngsters by the dozens went the distance in the race, carrying the theme "only natural highs for us" on their T-shirts.

# Hundreds of kids run for joy of natural high

"I didn't think I would win when I saw all those kids. There must have been 700," said Eric Freshman, one of the top finishers in the 2.8 mile mini-marathon sponsored jointly by Community School District 10 and the New York City Archdiocese.

Although the emphasis of the unusual event was on going the distance and having a good time, rather than competing and winning, many youngsters surprised themselves with and their friends and families with strong performances. The theme of the race was "Only

organizers saw the event as a living demonstration that kids can have fun without drugs and alcohol. "It wasn't running just for a trophy," said 12-year-old Stephen Gough, an eighth grader at St. Margaret's, who finished second in his division. "We were trying to show that you don't need drugs and alcohol to occupy your time," he said. The runners started at 9 a.m. Saturday, Oct. 29, from three points: the campus of the College of Mount St. Vincent, PS 81 and in the southern part of District 10, 180 St. and Mapes Ave. Then the kids headed for Wallon Hill



in 1976 after three years as director of the Spanish Speaking Apostolate of the archdiocese.

## 'Natural Highs' Marathon

The archdiocesan Office of Substance Abuse Ministry and Community School District 10 in the Bronx will sponsor a marathon run Saturday, Oct. 23, beginning at 9 a.m. Grades five through seven will register at the P.S. 81 ball field, 180th St. and Mapes Ave., Bronx. Grades eight through 10 register at Mt. St. Vincent College in Riverdale. Both races will finish at Walton High School field.

"Only Natural Highs for Us." is the theme of the marathon, part of a campaign by the community to allow youngsters to have fun without drugs and alcohol. All runners will receive tee shirts imprinted with the marathon theme, donated by the New Jersey Devils hockey team. Members of the Devils and Doug McKeon of the movie "On Golden Pond" will be at the finish line to present certificates to each runner. Information: Office of Substance Abuse Ministry, (212) 371-1000.

## Footrace is a first step on road to a natural high

While thousands of runners prepare for the New York City Marathon Sunday, hundreds of local youngsters will be preparing for a marathon of their own Saturday morning, Oct. 23. The 2.6-mile run was organized to show kids they can get high on themselves, without drugs or alcohol.

As many as 1,500 kids in fifth to ninth grades may compete in the race, which is sponsored by the anti-drug campaign jointly run by Community School District 10 and the New York City Archdiocese. While the big marathon is the culmination of months of training, the kids' marathon is more of a kick-off event, designed to turn youngsters on to the joys of sports and fitness.

"We don't care who wins. Out of this will grow physical fitness programs and maybe some runner clubs," said Naomi Barber, an organizer of the event and a representative of District 10.

Planning for the race has brought a diverse group of volunteers together, from churches to police, shopkeepers to teachers, and parents from Riverdale to the South Bronx.

One group of youngsters will begin running at 9 a.m. from the PS 81 baseball field at Riverdale Ave. and

256 St.; another will start at the College of Mount St. Vincent; and still another will run from 180 St. and Mapes Ave. in the southern part of District 10.

The three groups will finish at Walton High School Field, W. 195 St. and Reservoir Ave. where awards will be distributed at about 11 a.m. Doug McKeon, an actor in "On Golden Pond," will make an appearance, along with members of the New Jersey Devils Hockey team. Each runner will receive a certificate and a T-shirt.

This is one local event where the spotlight will be on children, and organizers are hoping that community residents will line the routes to cheer the runners on. "We would love to have a big turnout," said Ms. Barber. "This is a chance for them to have fun and to have adults watch, to let them know that adults appreciate them," she said, noting that "absent adults" are often a factor in drug and alcohol abuse.

Plans are being made for similar events in the future, including an art show and possibly a literary contest. Organizers are hoping the race will become a yearly tradition. Merchants from Johnson Avenue and the Broadway and 231 Street area have



YOUNGSTERS sporting T-shirts that say "Only Natural Highs For Us" will take to the streets Saturday morning, for a 2.6 mile "marathon" sponsored jointly by the public schools and the Archdiocese of New York. Organizers want kids to find out that they can get high on themselves without using drugs and alcohol. Many volunteers helped organize the race.

contributed thousands of dollars to the program.

For information, or to volunteer to

stand along the route, call District 10 at 220-8418 or the Substance Abuse Ministry Office at 543-6944.

Fair to give students look at all 110 high schools

Rangers cut ribbon on Vannie Visitor's Center





# **ONLY NATURAL HIGHS FOR OUR KIDS**

**SCHOOL DISTRICT 10 • ARCHDIOCESE OF NEW YORK**

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# Drug abuse his enemy and caring his weapon

By JAMES WALSH  
Staff Writer

Deacon Farrell Hopkins is getting ready to organize an army. Knowledge and caring are the weapons. Drug abuse is the enemy. Hopkins, 51, is leading the Rockland Substance Abuse Ministry of the Archdiocese of New York, a program started here in May to acquaint people with drug problems, and how to deal with them in their own families.

In September and October, Hopkins said, a 10-hour program for adults will be held at the Rockland Psychiatric Center in Orangeburg to prepare them to address others on the subject throughout the year. The program, to be held one evening on four consecutive weeks, is to focus on topics including pressures that lead young people to drug abuse, and ways to improve parent-child communication.

November, Hopkins said, will be called "Open Your Eyes Month" here, as seminars are held in county public and parochial schools to discuss the consequences of drug abuse.

Hopkins hardly takes a breath as he talks. He's moving around his desk, pointing to posters on the wall. "Drug Dealers Like the Same Neighborhood You Do," one black and white banner screams across the room. "A License to Drive isn't a License to Drink," says another waving in the current of an electric fan.

His office is in the Catholic Chapel of the Rockland Psychiatric Center, but he says the program is open to people of all faiths.

"This is a problem that effects everybody," he said, "and we're out to help everybody...People will say they'll be happy if they can save just one life, but I won't be. I want to save a lot."

He's quick to add that the stacks of anti-drug brochures on his desk, and the stark posters lining the walls aren't going to do the job.

"I spent 12 days last month at Daytop Village," Hopkins said. "It's a therapeutic program for drug abusers, and the biggest comment I heard over and over again was: 'If my father was only there when I needed him.' Well, we've got to get the fathers involved. They can't just think of themselves as breadwinners. They're much more than that."



Deacon Farrell Hopkins organizing anti-drug abuse program.

Hopkins and his wife, Dot, have six children. They lived in Rockland for 21 years. He became a deacon in the Roman Catholic Church nine years ago, and serves as a counselor and liturgical worker at St. Francis of Assisi Church in West Nyack, and as chaplain of the Rockland Children's Psychiatric Center.

For the past 32 years, he's worked for the Archdiocese of New York, spending much of his career in youth recreation and athletic programs.

He's proud to say he gave Abdul Kareem Jabbar, a star of the Los Angeles Lakers, his first basketball at St. Jude's parish in New York City.

"I was his coach from the first through the eighth grades," Hopkins said holding a photograph of himself with the basketball professional. "When he was 13 he was six-foot, eight-inches tall...He wouldn't be able to get through the door over there."

He tells a man sitting in the office that municipalities should be providing more recreation, and work programs to reduce drug abuse.

"Don't let the kids get bored," he said quickly. "Boredom only leads to trouble."

Hopkins holds a master's degree in counseling from St. John's University, and worked for several years counseling married couples.

"What we're trying to do is give people the information they need. We want to show young people what drug abuse can do to them. It's not scare tactics, it's just showing them the effects. It's giving them information they can use to form their own opinions. They should get the information from people who care. Not from the pushers who couldn't care less about them"

Parents, he said, can prepare their children through their own example.

"You don't gulp down a couple of martinis and then pop a mint in your mouth and fool your kids. Kids can look right through you if you're a phoney...You have to be honest yourself, if you want them to be honest with you...Above all, listen to what they've got to say. Pay attention to them. Be a family...The toughest thing in the world is to raise a family...But the only way you'll make it is to work at it."



*Times Record Herald Sept. 2*

# Coalition to aid drug battle

**MONTICELLO** — A small group of Sullivan County residents has recognized there is a drug problem in the county, a problem that is not limited to town borders.

The small group has also decided to do something about it and has come up with the Sullivan County Coalition of Concerned People, adopting as its unofficial slogan: "Sullivan County Cares."

While there have been agencies throughout the county that have been involved in the problem of drug and alcohol abuse, the coalition sees itself as a vehicle to coordinate efforts throughout the county.

Sister Kevin Shields, Sullivan County regional coordinator for the Substance Abuse Ministry of the Catholic Archdiocese of New York, said the coalition is "not in competition with existing agencies, but (we) see ourselves as the arms, legs and voice of those agencies."

The first efforts of the coalition began in May when meetings were held with school, municipal and law enforcement officials from various towns in an effort to raise community awareness of the seriousness of the drug and alcohol problem.

As part of the attempt to raise the awareness of each community, seven of the 10 school districts throughout the county have agreed to an "awareness" week where attention will be focused on the drug and alcohol problem.

According to Sister Kevin and Beth Lang, director of the Sullivan County Drug and Alcohol Abuse Treatment Program, the idea of a drug coordinator, similar to the one in the Fallsburg School District, is being suggested to all towns, but the decisions on how a community will face the problem are left up to the individual towns.

One town, however, has taken steps to obtain a drug coordinator to work with the school districts in the town.

State funding for a drug coordinator in the Town of Rockland was approved by a Sullivan County Board of Supervisors committee last week. The funding will be shared by the town and the Livingston Manor and Rockland Central School Districts.

"You can't scare people about drugs and alcohol, you have to educate them," Ms. Lang said.

Sister Kevin said the coalition is a "network to work with what the county has."

"We want to learn about the existing agencies," she said, explaining that the coalition is not an attempt to take anything away from local communities. "We are not trying to reinvent the wheel," she said.

Other people involved with the coalition include counselors from the Delaware Valley Job Corps, the Concerned Parents and interested parents in the Town of Rockland.

182 — FRANK BURBANK

# Rockland seeks drug-program aid

**LIVINGSTON MANOR** — The Town of Rockland is seeking funds to hire a drug counseling coordinator to combat drug and alcohol problems in the two school districts serving town residents.

Rockland Supervisor Leon Siegel is leading the drive to obtain the needed funding, estimated at about \$24,000 for one year, and he already has applied to the state for a portion of the money.

If the application is successful and a drug coordinator is hired, Rockland will join the Town of Fallsburg in having a drug counselor working with school officials and residents.

Siegel said Tuesday that the coordinator's position will be funded by a combination of state, town and school funds. He said application has been made for state funds for the last quarter of this year through the Sullivan County Department of Youth.

He said the funding request has to be approved by Board of Supervisors committees and the full board.

He said the rest of the money will be shared by the Livingston Manor and Roscoe central school districts and the Town of Rockland.

The idea of a coordinator to deal with what is perceived as a drug and alcohol abuse problem among town youth resulted from a meeting in May sponsored by the Reachout

and Restore Program of the Archdiocese of New York's Office of Substance Abuse Ministry.

Siegel, who attended the May meeting, said another meeting was conducted by Sister Kevin John Shields, the program's regional coordinator. That meeting was attended by interested town residents and the idea for a drug coordinator resulted.

He said a meeting of interested citizens was held earlier in the summer. Fallsburg Drug Coordinator Mel Mednick made a presentation on his efforts and the efforts of Fallsburg citizens in fighting a drug problem in Fallsburg schools.

"I am not saying our program will be like Fallsburg," Siegel said, "but there is a drug and alcohol abuse problem in our town and we can't ignore it."

Siegel said that if the funding materializes, the process of hiring the coordinator will be undertaken by officials in the two school districts, because the majority of the coordinator's efforts will be concentrated in the schools.

Siegel said that at present the group of concerned citizens is an "ad hoc" committee, but a meeting has been scheduled for Sept. 1 to institute a formal drug and alcohol abuse task force in the town.

1341 — FRANK BURBANK

*Times Record Herald - Aug. 23*



## Beirut siege

Lebanon's prime minister says he hopes the agreement for evacuation of the PLO from west Beirut will be Wednesday.

Page A3

## Goose talk

The Yanks turn the tables to win a doubleheader and now it's Goose Gossage who says he wants out of the Bronx Zoo.

Page B4

## They remember

They came to mourn Elvis Presley, not to buy trinkets and their devotion was not diminished by the rains.

Page C3

**Drug abuse his enemy, caring his weapon** — Page C1

# The Journal-News

Tuesday,  
August 17, 1982

A Gannett Newspaper Serving Rockland County

25 cents

## Suffern man killed in elevator mishap

By JOHN CASTELLUCCI  
Staff Writer

Edward H. Kilduff, the Suffern resident who died in a fall at a Manhattan construction site Monday, was not the kind of businessman who sat behind a desk and gave orders.

Kilduff, vice president of a Bronx-based firm called the Regional Scaffolding and Hoisting Co., was the kind of man rolled up his sleeves and got to work

or elevator leased to the DeMatteis Construction Corp. of Manhattan, unaccountably stopped operating. According to a statement released by Regional, Kilduff had climbed onto the hoist car when it suddenly began moving upward.

New York City police said that at 3:45 p.m. Kilduff, 35, was trying to jump from the hoist car before being pinned between it and the building in which he was working. He fell 25 stories to his death while working at Museum Tower, a high-rise condo

to the Museum of Modern Art on 53rd St. between Fifth and Sixth avenues.

Police said Kilduff was killed instantly in the fall, one of two similar construction accidents that occurred in Manhattan Monday. Two blocks away from the Kilduff accident, at 2 W. 55th St., a 45-year-old Brooklyn man, Willie Fennel, slipped and fell down an elevator shaft seven stories to his death.

The cause of Kilduff's death is being investigated

Scaffolding, in a statement read this morning by his secretary, Blinn, who lives in Upper Nyack, was part owner of the company with Kilduff, who lived at 4 Arrowhead Lane in Suffern.

A neighbor said that Kilduff and his firm had worked on many large projects along the East Coast, including the twin towers of the World Trade Center in Manhattan.

The neighbor, who was asked not to be named



# 5 He Loves Them

"The pope is real and he loves us" — that was the conclusion among African people during John Paul's eight-day visit.

# 14 We Start Over

Scripture commentary for the First Sunday in Lent: "This is the first day of the rest of your life."

# 15 Funny Things

The light side of parish life is the terrain of a cartoonist who has joined CNY's stable of contributors.

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ck's reform of itself in the 16th century is...

# To Save Just One



**I**T WAS a Sunday morning TV talk show during which some very young Catholic teenagers were talking about the use of drugs by their peers. What was surfacing was the shocking fact that drugs are very present among a very youthful population, the kids from the nice homes in the pleasant neighborhoods.

Father Terence Attridge, director of the New York Archdiocese's Substance Abuse Ministry, was moderating the discussion, in which the young participants talked about resisting peer pressure to smoke marijuana or to pop pills. Fresh-faced and articulate, they might as easily have been discussing peer pressure to cut gym class. Then Father Attridge introduced Mrs. Margaret O'Toole of the Bronx.

Mrs. O'Toole was coordinator of a drug abuse hotline in the Northwest Bronx for two years. She took course to prepare for the work when she noticed "heroin coming into the neighborhood." But it wasn't anonymous callers she had come to tell about. It was her own daughter. And her own pain.

Maura was in sixth or seventh grade when she was discovered teaching classmates how to sniff glue in the schoolyard. "I thought it was a passing thing," Mrs. O'Toole said. "It's good I didn't know what the years would bring..."

Mrs. O'Toole remembers missing money from her purse and not wanting to face the possibility that her child had stolen it to buy drugs. "I may have lost that dollar somewhere," she'd tell herself.

She says now to parents, "Don't close your eyes. Try to see it sooner than I did."

She would like to spare them the pain of watching drugs destroy their child. She describes it starkly. The nights she spent in hospitals, wondering if this overdose would be the fatal one. The morning after such a night when she discovered "she'd done it again." The policeman in the 50th Precinct who cried over Maura, so young and beautiful, so hooked. The development of chronic hepatitis and sclerosis of the liver from heroin use. The morning she came home bedraggled, bruised, wearing only one shoe and Mrs. O'Toole, for the first time in her life, said, "I can't bear this."

And finally the break with her child. "I had to give up on her," said Mrs. O'Toole huskily. "I've buried her."

Mrs. O'Toole is raising Maura's child. She told the young audience on the "That's the Spirit" show that Sunday, that Maura, separated from her husband, was in the Phoenix House drug rehabilitation center. "At least she was yesterday..."

Maura is one of seven children of Margaret and Daniel O'Toole, who died six years ago. One of them entered the convent. None of the others got into drugs. "They saw her. They saw the pain all around them — my pain, their own," Mrs. O'Toole explains.

The kids in the TV audience listened to Mrs. O'Toole with deep attention, their faces grave. They seemed to see it too.

As CNY prepared this week's cover story on substance abuse, I called Mrs. O'Toole. I wanted to tell her that I was deeply impressed with the courage she displayed in frankly and openly telling the story of her personal pain to the large group of youngsters and the TV audience. The decision to do it, she explained, was uncomplicated. "If I could just save one kid, help one parent..." she said.

She has no facile answers to the problem. Communication and honesty in the family. Awareness of the danger signals. Parent support groups. Getting drugs off the street by "taking the profit out of it." "It's a complex problem requiring complex solutions," she observed.

"I never want to have to say that there was one more thing I could have done."

—Anne Buckley

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Riverdale Press

## School anti-drug drive to stress 'natural highs'

Community School District 10 has fought drug and alcohol abuse in the schools. The Archdiocese of New York has fought it in the communities. Now they are combining efforts for the big attack, and winning many allies in the process.

The groups have given birth to the Northwest Bronx office of the New York Archdiocesan Substance Abuse Ministry, located at the College of Mount St. Vincent. The ministry will lead the district-wide campaign and pull community groups and residents into the struggle.

The campaign will stress the virtues of getting high, but the highs encouraged are only natural ones.

"Drugs and alcohol do crazy things to your body, and we are saying there are positive alternatives," said Naomi W. Barber, director of the District 10 Community Involvement Program. "Our slogan is, 'only natural highs for us.'"

Campaign organizers plan a number of promotions to spread their word. They have been promised funding from the Bronx Chamber of Commerce to print campaign decals for store windows. Storekeepers assisting the campaign will be awarded special certificates of appreciation.

The anti-drug message will be car-

ried around the perimeters of the district in a September "Natural Highs Marathon." Shirts will be printed for the occasion, each one bearing a big '10,' in honor of the district.

"If other districts pick up this program, they'll each have their own shirts with their own district's number," predicted Father Terence Attridge, Director of the Archdiocesan Substance Abuse Ministries.

The Program leaders will run training sessions for volunteering parents and community residents after they receive feedback on what volunteers want to do. For example, participants might run "play streets," which are closed to traffic for a few hours per day for safe play.

The Archdiocese runs training programs in a number of areas. Its major program is aimed at persons already involved in counseling community residents.

The overall campaign targets youths between the ages of 11 and 18. Leaders hope to reach parents and community residents as well.

"If parents felt that they weren't worrying about kids so much, and if kids felt a little more secure on the streets, then I think this program would be called a success," said Ms. Barber.

### 'Born Free' to be shown at Kingsbridge library

The Kingsbridge Library will show the film "Born Free" on Wednesday, June 30, at 7 p.m. The movie focuses on an English couple who raise a lame

lioness in Kenya.

The library is located at 280 W. 231 St.

For further information, call 548-5656.



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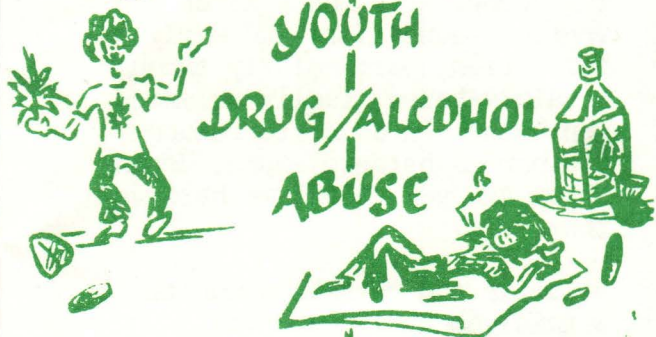
### Kids can r

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The camp goa stimulate and cr each child for ply group experience camp; includes s cratts. indogr ar



# A CALL TO ACTION



YOUTH  
DRUG/ALCOHOL  
ABUSE



TRAINING PROGRAM



FOR  
SUBSTANCE ABUSE MINISTERS

1982 - 1989

ENCL 7a







## THE TRAINING PROGRAM

The Office of Substance Abuse Ministry offers a 10-hour training program for persons willing to commit themselves to working in their respective areas to help reduce chemical substance use among the young. Follow-up workshops are offered on an on-going basis after the completion of the Training Program. The Program is given in centrally located cluster groups throughout the Archdiocese, one evening a week for four successive weeks. The topics include:

Overview: Societal attitudes and values regarding chemical use/abuse...coping with stress...overview of substances of abuse...problem-solving processes...networking...group discussion...role of Substance Abuse Minister...manual as resource.

Youth, Drugs and Alcohol: Growing up in a drug-oriented society...patterns of youthful abuse...some underlying causes of chemical dependency...peer pressure...self-image...confrontation/intervention role play...talks by former drug abusers...group discussion.

Prevention Power of Parenting: Improving parent/child communication...active listening...identifying and expressing feelings...building self-esteem...application to other adult/child communication...problem-solving skills...role play...need for parent education.

Strategies for Action: Recap of sessions...process of planning for action...needs - analysis...brainstorming...prioritizing needs...defining goals & objectives.. being a resource person in one's area...group discussion..program evaluation

## THE SUBSTANCE ABUSE MINISTER

Who can be a Substance Abuse Minister?

Teachers, counselors, social workers, administrators, parents, youth workers, clergy, religious, etc...concerned, caring persons in close contact with youth and/or parents and families. Persons who relate honestly and openly with others, who have good rapport with young people, and who hold a conviction of the worth and dignity of all persons.

What can Substance Abuse Ministers do?

Work toward reducing chemical use and abuse among the young; help persons to critically examine attitudes and values prevalent in today's society; mobilize community action against illicit sales of drugs and alcohol to the young; help develop creative alternatives to drug use; organize parent/youth peer support groups; be on-the-scene resource persons in their schools, parishes and communities.

How can the Program help prepare persons for Substance Abuse Ministry?

The program provides 10 hours of education and training in current, factual information on substance abuse and other issues relevant to prevention, identification, intervention and referral; it provides the participants with a resource and information manual; it helps begin a process of networking, support and positive action among its members; provides on-going, periodic workshops on relevant topics; its newsletters keep ministers in touch with new developments and with each other; Regional Coordinators serve as liaisons and resource persons to provide continuity, communication with the S.A.M. Office and sharing of information resources.



## THE PROGRAM SCHEDULE

### Training Centers

7:30 - 10 p.m.

- Rockland: Rockland Psychiatric Center  
Orangeburg - Sept. 14, 21, 28, Oct. 5
- Ulster: John A. Coleman H.S., Hurley Ave.  
Kingston - Sept. 16, 23, 30, Oct. 7
- So. Bronx: St. Anselm, Tinton Av./152 St.  
- Oct. 12, 19, 26, Nov. 2
- Staten Island: Bl. Sacrament, Manor Rd.  
W. Brighton- Oct. 14, 21, 28, Nov. 4
- Dutchess: O.L. of Lourdes HS, Hamilton St.  
Poughkeepsie - Nov. 9, 16, 23, 30
- Sullivan: SAM Office/Frankie Lane Library  
Liberty - Nov. 11, 18, Dec. 2, 9
- Manhattan: St. Ignatius Loyola, Park/84St.  
- Jan. 4, 11, 18, 25
- Westchester: St. Joseph's Seminary  
Yonkers - Jan. 6, 13, 20, 27
- N.E. Bronx: St. Lucy, Mace/Bronxwood Av.  
- Feb. 1, 8, 15, 22
- N.W. Bronx: SAM Office/International Ctr.  
Mt. St. Vincent - Feb. 3, 10, 17, 24
- E. Bronx: St. Raymond, Castle Hill Ave.  
off E. Tremont - Mar. 1, 8, 15, 22
- Putnam/N. West'r: J.F. Kennedy HS, Rt. 138  
Somers - Mar. 3, 10, 17, 24
- Orange: John S. Burke HS, Fletcher St.  
Goshen - April 12, 19, 26, May 3

1982-1983 schedule

Office of Substance Abuse Ministry  
1011 First Avenue  
New York, New York 10022





# WORKSHOP

## SUBSTANCE ABUSE MINISTRY

...for **EDUCATORS**



ENCL 7b

This awareness workshop is for those in elementary education - - administrators and faculty members who wish to become more proficient in the area of alcohol and other drugs, in order to better minister to students and their families.

<u>Dates</u>	<u>District</u>	<u>Location</u>
10/18/82	Bronx	Blessed Sacrament 1160 Beach Ave. Bronx, 10472
10/20/82	Manhattan	Education Center 323 E. 91 St. New York
11/16/82	Rockland Orange Sullivan	Sacred Heart 24 S. Robinson Newburgh, 12550
11/22/82	West'r. Putnam	Annunciation 46 West'r. Ave. Crestwood, N.Y.
11/30/82	Staten Is.	Holy Rosary 100 Jerome Ave.
12/2/82	Dutchess Ulster	Holy Trinity Springside Ave. Poughkeepsie

Sponsored by the Offices of:

Substance Abuse Ministry  
and  
Superintendent of Schools

In cooperation with:

Archdiocese Drug Abuse Prevention Prog.  
and the New York State  
Division of Alcoholism & Alcohol Abuse  
Division of Substance Abuse Services



PROGRAM

10 A.M. - 3 P.M.

- 10:00 Welcome
- 10:15 Overview on Substance Abuse
- 11:15 Symptoms to look for:
- School student
- Coping and drug abuse
  - learning style
  - drug abuse behavior
- 12:15 Lunch break
- 1:15 Reconvene
- How to approach the family
  - How to approach the student
  - Resources
  - Intervention program within school
  - Role of parents groups
- 2:45 Conclusion
- Remarks

- \* Deadline for Registration  
1 week prior to your selected workshop date.
- \*\* Bring your own lunch but beverages will be served.

PRELIMINARY REGISTRATION FOR WORKSHOP

SCHOOL \_\_\_\_\_ ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_ TELEPHONE \_\_\_\_\_

SCHOOL DISTRICT \_\_\_\_\_ DATE ATTENDING \_\_\_\_\_

NAME (S) \_\_\_\_\_ POSITION \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Fee: \$5.00 each for workshop \* Deadline - 1 wk. prior to selected workshop date.  
\*\* Bring your own lunch. Beverages served.

Please make check payable to "OFFICE OF SUBSTANCE ABUSE MINISTRY" and return with registration form to: SUBSTANCE ABUSE MINISTRY, 1011 First Ave., N.Y. 10022 (212) 371-1000 ext.2817



Office of Substance Abuse Ministry  
1011 First Avenue Rm.-1830  
New York, New York 10022



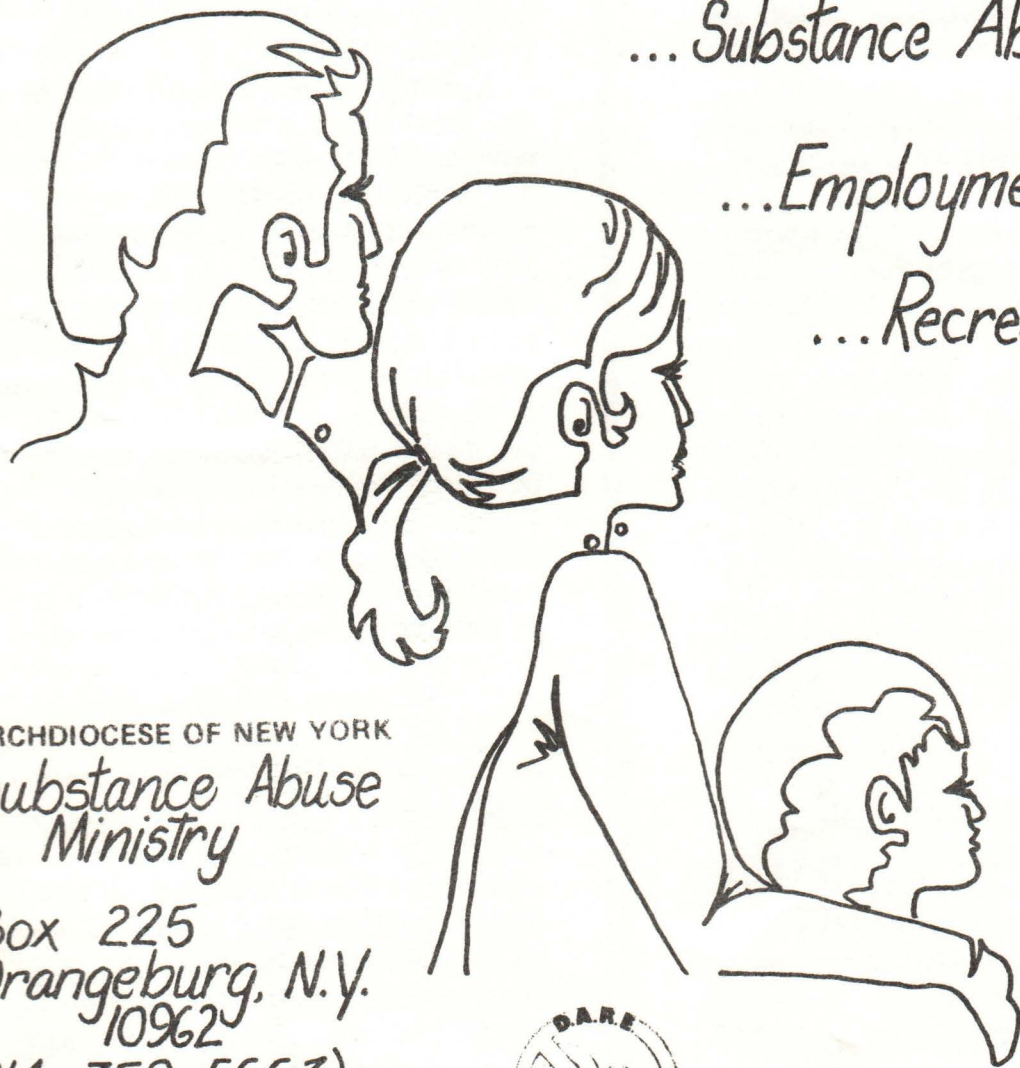


# A Resource Manual for You and the Family

... Substance Abuse

... Employment

... Recreation



ARCHDIOCESE OF NEW YORK

Substance Abuse  
Ministry

Box 225  
Orangeburg, N.Y.  
10962

(914-359-5663)



ENCL 7c

# Substance Abuse Information

## Advice for parents concerned over marijuana use:

- Be calm and objective. Don't preach.
- Be informed and credible. Don't exaggerate marijuana's dangers.
- Be firm but don't create an adversary relationship.
- Be a responsible role model; look at your pattern of drug & alcohol use.
- Be loving; spend more time talking and sharing activities with the youngster.
- Be creative: encourage; sports, clubs, community service, etc.
- Be watchful; invest time & energy monitoring your child's activities.
- Be resourceful; work with schools and parents action groups to deal with the larger problem of drug availability in the community.
- Be prepared to seek the help of a drug counselor, psychologist, or psychiatrist if needed.
- Don't try to reason with a child who is "high". Wait for 5-6 hrs.

## Signs of Possible Alcohol Abuse Among Youngsters:

- Unexplained and frequent Monday morning school absences.
- Erratic mood swings.
- Alcohol on breath.
- Drinking before exams or social encounters.
- Expressed concern on the part of their peer-friends.

## Drinking Behavior and Trends:

1. A majority of youngsters experiment with drinking-most have had their first drink before the time they leave junior high school.
2. Most adolescents first drink at their home.
3. The average age of the first drinking experience has become younger.
4. A major change has occurred in the drinking of females. Girls will now congregate on their own, without "required company of males."
5. Intoxication is on the increase. 19% of adolescents report drinking to the point of intoxication at least once a month, a 10% increase in the last ten years.
6. There are an estimate 3.3 mil. problem drinkers between the ages of 14-17 years old.
7. The leading cause of adolescent death is accidents. (Single car accidents where the driver had one or more drinks are most common.

## What to Do????

Alcohol is a drug. Parents who are concerned about possible alcohol abuse by their child would do well to follow the same advice as is recommended under the section of marijuana use. Consultation with an alcoholism professional may be helpful as well as Al-Anon and Alateen.



## Where to get HELP!

Alcohol Abuse Service: 354-0200, ext. 2277 or 2447-24hr. service.

Alcohol Anonymous 352-1112 24 hr. service. Provides help to persons who wish to stop drinking.

Alateen: 352-1112 24 hr. service. Provides help to relatives and friends of alcoholics.

Project Rainbow: 429-4635, if no answer, call 354-0200, ext. 2330, Helps children who are members of families where alcohol abuse is a problem.

Sobering Up Station: Pomona Health Complex, Sanitarium Rd., off Rt. 45, Pomona. (Walk-ins accepted, 5 Beds.)

Methadone Maintenance Treatment Program: 354-0200, ext. 2470.

Storefront Counseling Centers and Local Mental Health Clinics:

- Ramapo Community Workshop, 23 Lawrence Street, Spring Valley-356-4901.
- Clarkstown Counseling Center, 44 S. Main St. New City, 634-6369.
- Haverstraw Counseling Center, Rt. 9W, A&P Shopping Plaza, Haverstraw- 429-5731.
- West Rockland Counseling Center 4 Lafayette Ave., Suffern 357-1981

If a friend (or you) show signs of having a problem with drinking, don't ignore it. Talk to someone that you trust about it. Encourage your friend (or yourself) to get the effective help that's now available.

## Volunteer!!!

For a full and rewarding summer volunteer some of your free time to one of the many services offered to people in Rockland County.

- Good Samaritan Hospital, 357-3300 contact Judy Gribetz.
- Rockland Psychiatric Center, 359-1000, contact Barbara Lynn.
- Rockland County Health Center, 354-0200, Gloria Keller.
- Letchworth Village, 947-1000, Marcia Weiby.
- Helen Hayes Hospital, 947-3000, Pat Tomashersky
- Rockland Family Shelter, 425-0112
- Rockland County Dept. Social Services, 354-0200, Brenda Greenberg.
- Rockland Children's Psychiatric Center, 359-7400, Jean Kelly.
- Retired Senior Volunteer Program, 356-6818, John Sullivan.
- Meals On Wheels of R.C. Inc., 354-0200, Shelley Berger.
- Youth Counsel Bureau, 425-5140, Sandra Silverberg.
- East Ramapo School & Community Services, 356-4223, 356-4100, James Dugan.
- Rockland County Office for Aging, 354-0200, June No!off.
- Foster Grandparents Program, 947-1000, 354-3448, Betty Heisler
- Rockland Senior Centers Program, 354-3448, Mary Marshall.
- North Rockland Community Support 429-3505, Ilia Deegan.
- Hospice, 354-0200
- Nyack Hospital, 358-6200, Evelyn Krakauer.



## Employment Information

### Places to Ask About Jobs

#### New York State Job Service:

416 Nanuet Mall (near Genovese Drugs) Open 9-5, it is the official employment agency in the county.

#### Youth Booth:

In the Upper level of Nanuet Mall.

#### CETA Jobs:

If you live in a group home, if your family is getting public assistance if your family income is small, and your family is also large, or if you are handicapped, you are probably eligible for over 300 jobs which are available in a variety of locations around the county.

-The Local Manpower Office, at Pomona Complex, Bldg. C, on Sanatorium Rd. 354-0200.

-The Rockland Community Action Council (ROCAC), in Nyack: 353-1114; in Spring Valley: 425-2900.

-The Rockland Community Development Council (RCDC), 352-1400.

-The Cooperative Extension, 425-5500

-All these services have CETA jobs

#### Y.E.S. (Youth Employment Service)

The YMCA in Nyack 358-1245,  
The Clarkstown Counseling Center  
...634-3454

The Ramapo Community Workshop.  
...356-4901

The Suffern West Rockland Counseling Center ...357-1981

All maintain a Y.E.S.

College students with at least one year of college can check to see if the N.Y.S. Job Service Camp Unit has filled all the camp counselors openings it advertised. Call (212-621-0737) for info.

#### Working Papers/Social Security

Youth under 18 usually need working papers. They can be obtained at school guidance offices.

Social Security numbers are needed for employment and bank accounts. Application for a Social Security # is made at the Social Security Administration, 410 Nanuet Mall. (near Genovese Drug) Open 9-5 Monday-Friday. A birth certificate and one other identification is required.

#### Suggestions on Entering Job Market

- check ads in newspapers
- ask around frequently, friends, family, relatives
- register with the State Job Service follow their job bank listing.
- check N.Y. Tel. Yellow Pages for employment agencies (Do not pay fee before you have the job.
- visit alone the personnel offices of companies
- contact the local Chambers of Commerce
- ask your high school counselor or college placement office
- place an ad in situation wanted section of the paper. Or notices in supermarkets.



## Recreation & Things To Do

### Bear Mountain

#### Beaches & Parks:

Bear Mtn. Pool, Lake Welch Beach, Lake Tiorati Beach, Rockland Lake South Pool, Pools and Beaches at; Anthony Wayne, Rockland Lake N., High Tor, and Tallman Mtns. will all be open daily thru Sept. 6. The hours of operation for all areas will be 10am to 6pm on weekdays, and 9am to 7pm on weekends and holidays. All swimming areas will be closed for the season after Labor Day.

#### Roller Skating

Held at Bear Mtn. Rink, from May 29 to Oct. 17 on weekends and holidays. Hours of operation will be from 1-5pm. 50¢ adult admisn. and 25¢ for children which includes clamp-on skates.

#### Square Dancing

Held at Bear Mtn. Roller Rink, from July 6 and continuing every Tues. evening to and including Aug. 31. Hours are 8-11;m. There is no parking charge for the dances, but there is a 50¢ adult, and 25¢ child fee for dancing. The well known square dance caller Slim Sterling will call the dances this season.

### TOWN OF ORANGETOWN SUMMER PROGRAMS (applicable to residents of Orangetown only.)

#### School Playground Program

For children in elementary and middle school. Activities: softball, arts and crafts, quiet games, etc. Locations: Pearl River-Middle School, Evans Park, Franklin Ave. and Lincoln Ave. South Orangetown-Middle School, William O. Schaeffer. June 28-Aug. 6, 9am-12pm. No Fee.

#### Weekly Playground Trips

Wed.-July 14-Playland Amusement Park.  
Wed. July 21-Bronx Zoo  
Wed. July 28-Statue of Liberty  
Wed. Aug. 4-Great Adventure  
Fee varies with each trip.

#### Weekly Family Outings

The facilities at the Orangetown Day Camp, located at Birchbrook, Rt. 340, Palisades, will be open to the residents of Orangetown for family picnics and swimming from 11am-6pm on Sun July 25, and Aug. 8. Fee: \$1, 12 yrs. and under 2\$ for over 12.

#### Rainy Day Film Program

Children's films will be presented at the Greenbush School Auditorium on rainy days. There is only one film per week, it will be repeated if it rains more than once in the week. Call for the film schedule.



### Wrestling Tournament

Sat. July 31, at Pearl River H.S.  
Registration & weigh-in 8am-9am,  
preliminaries 10:30am. Call for  
weight classes and fees.

### Golf Instruction

Provided for 8-15 year olds at Rt.  
9W Driving Range, and Blue Hill  
Golf Course. First Session July  
6. Fee: 6\$ per session.

### Orangetown Jr. Golf Program

Youths can play on Tues. & Thurs.  
between 11am and 2pm for \$2.50  
with a permit. Permit obtainable  
at the Office of Recreation and  
Parks at the 303 office in Orange-  
burg. For more info. call 359-6503

### Tennis Instruction

Instruction, games and tournament  
will be scheduled at Pearl River  
and Tappan Zee H.S. for boys &  
girls ages 9 and over. Tournament  
for Orangetown will take place  
during week of Aug. 9. (singles  
and doubles)

### Soccer Workshop

Instructions for boys & girls ages  
7-16. Starts June 28. Fee \$10.

### Evening Teenage Multi Recreation Program

Activities at Pearl River and Tappan  
Zee H.S. Includes trips, basket-  
ball, volleyball, softball, quiet  
games etc. Starts June 28. Fee  
1982 Registration card.

### Teen Trips

Thurs. evening July 15-Action Park  
price will be announced.  
Thurs. evening July 29-"Sophisti-  
cated Ladies" price \$27.  
Thurs. evening Aug. 5-Great Advent-  
ture, price will be announced.

### P.A.L. Summer Games

Rockland Community College, Sun.  
July 11, 8pm for ages 7-21 years,  
call for info. No Fee.

### Weekday Swimming Instructions

For children over age 4, lessons  
for beginners to intermediate, Fee  
\$8 per session.

### Springboard Diving

Boys & girls who are advanced  
swimmers, starts June 28. Fee:  
beg. \$10, Adv. \$20.

### Advanced Lifesaving

Boys & girls who are advanced  
swimmers, over 15 yrs old. \$15.

### Open Recreation Swim

For residents 10 yrs. and older,  
Fee: Family Passes \$10, Over 19-  
\$5, Under 19-\$2. Mon.-Fri 12-2pm

### Orangetown Recreation and Parks

For any questions about these  
programs, call 359-6503.



## TOWN OF RAMAPO RECREATION

### Family Track

Tues. July 27, and Thurs. July 29, at Ramapo H.S. Registration 5pm-6pm. Starts at 6:15pm. Mixed program of track events. Ages 6-up.

### Fun Run

Ages 3 and up. Residents only. Sun Aug. 1. Registration 8am-9am

### Playgrounds

July 6- Aug. 7, mon.-fri. 9am-12 noon. Locations: Bluefield, Cypress Road, Tigers Den, Cherry Lane, Colton, Lime Kiln, Margetts, Montebello, Sloatsburg, So. Madison. Free. Kindergarten-6 grade. Arts & Crafts, Nature Study, Game, Music, Drama, etc.

### Tennis Instruction

Ages 8-16 Fee \$10  
Adult 17 yrs and older Fee \$12.50.

### Handball & Paddleball Tournaments

Registration at Clark Center or Viola Park. Fee \$4, \$8 doubles.

### Swimming

At Saddle River and Spook Rock pool, Instruction available from June 28- Aug. 6.

### Teen Center Program

Pool Parties, for children entering 7 grade to those just graduated 12 grade. Saddle River Pool 7:30-10. Free, Disco, Contests, Prizes. July 16, 30, Aug. 13.

### Ice Skating

Sport-O-Rama, 8pm-10pm, Free  
July 13, 20, 27, Aug. 3.

### Trips

July 31-Rye Playland, 5pm, \$7.  
Aug. 7, Great Adventure 8am-9pm  
Fee. \$17.50.  
Aug. 14- New York City Saturday,  
9am-5pm, The N.Y. Experience,  
Statue of Liberty. Fee 10.00.

### Create and Explore

July 6- Aug. 6, 6-12th graders,  
day camp activities, eight trips,  
special events. Meet at Ramapo  
H.S. three days a week, Fee \$50.

### Summer Concert Series

Concerts start at 7pm and 7:30 pm  
at Clark Recreation Center. Call  
for schedule.

### Town of Ramapo Recreation

For more information or questions  
call 357-6102 or 357-6100.

## TOWN OF HAVERSTRAW PARKS & RECREATION 429-2200

### Swimming

Mon.-Fri. 12pm-7:30pm, Sat, Sun.  
& Holidays 10am-7:30pm Bowline  
Pt. Park.

### Day Camp and Playground

North Rockland H.S., July 6-Aug.  
13. All day program of swimming  
instruction, arts & crafts, day  
trips, sports, and leisure time.  
Children must be at playground by  
9:30am.

CLARKSTOWN RECREATION  
PROGRAM (for residents only)

Children's Swimming

Kindergarten and up, Fee: 25\$  
2 week classes.

Adult Swimming

11th grade and up, Fee \$25, lesson  
at Congers Lake Pool.

American Red Cross Advanced  
Lifesaving

For 15 yrs and over, Fee \$40,  
lessons at Lake Nanuet.

Competitive Swimming

18 yrs and under. Starts July 6,  
at Germonds Pool., Fee \$45.

Competitive Diving

Tryouts July 6 at Germonds Pool,  
Fee \$45.

Synchronized Swimming (Water  
Ballet)

Starts July 6, for ages 9-18, Fee  
\$45, held at Congers Lake.

Water Polo

Starts July 6, for 9-18 yrs old, Fee  
\$25.

Playgrounds

For grades 1-6, at New City,  
Congers, Bardonia, Nanuet, Valley  
Cottage Schools. Starts July 6,  
Arts & crafts, games, music, trips,  
dance, drama, athletics. etc. Fee  
\$25.

Youth Softball

Girls and boys grades 3-6, starts  
July 12 at West Nyack Elementary  
Fee \$20.

Physical Fitness

July 12 at Clarkstown N H.S.,  
Clarkstown S. H.S., and Nanuet  
H.S. for grades 9-12. Fee \$20.

Pool Parties

Friday, July 16, 7pm-10:30pm at  
Congers Community Center.

Friday, July 23, 8pm-10:30pm at  
Germonds Park.

Friday July 30, 8pm-10:00pm at  
Congers Community Center (Family  
Night.)

Friday, Aug. 6, 8pm-10:30pm at  
Germonds Park.

Tennis Instruction

Singles and doubles for men, boys,  
women, and girls. Call for fees  
and dates.

Golf Instruction

First session starts July 7 at Rock-  
land Lake N. Golf Course. Fee \$19.

Clarkstown Parks and Recreation

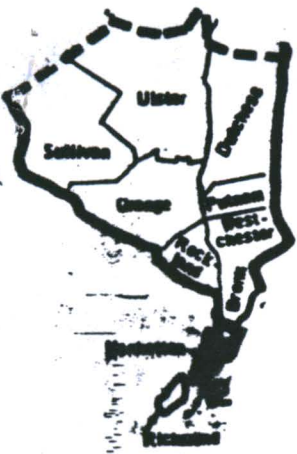
For more information on these  
programs, call 634-4100.

This brochure is the courtesy of:

**ARCHDIOCESE OF NEW YORK**  
**THE OFFICE OF SUBSTANCE ABUSE**  
**MINISTRY**  
Box 225

Orangeburg, New York 10962  
(914-359-5663) ask for  
Deacon Farrell Hopkins





# YOUTH

ALCOHOL / DRUGS

a call  
to

# ACTION





THE NEW YORK STORY  
high-lights

- 1979: Terence Cardinal Cooke establishes a Commission on Youth charged with focusing on alcohol and other drug abuse. The Commission is headed by T. Vincent Learson, Chairman retired of IBM; the Executive Director is Monsignor William B. O'Brien, President of Daytop Village, Inc. Included on the Commission are other outstanding laity, religious and clergy.
- 1980: Office of Substance Abuse Ministry is established as a direct result of the policy recommendations of the Commission on Youth. The Director is Rev. Terence Attridge; Associate Director is Sr. Brian Hoar. The Office is charged with the responsibility to coordinate, plan and direct the multifaceted programs of the Archdiocese of New York in its efforts against alcohol and other drug abuse.
- 1981: Implementation of DARE (Drugs/Alcohol/Rehabilitation/Education) an action project with adult and youth components geared to the utilization of volunteers in prevention, education and early intervention efforts throughout the New York Archdiocese.
- Sept. '81 to Aug. '82. Initiated 12 centers throughout the ten counties comprising the Archdiocese of New York.  
Trained over 450 SAM'ers  
Involving over 1500 people  
Offering follow-up inservice programs  
Generating over 236,068 volunteer hours.
- March '82 to June '82 Established three Regional Offices  
Sullivan County  
Rockland County  
Northwest Bronx

All are having a major impact in their area networking with other groups and involving the total community - in education, prevention, intervention, referral for treatment



and getting community action through parent groups. The above regional population represent the diverse population that make up our Archdiocese and most of the country, they are also models of urban, suburban and rural communities.

### Summary

#### PART I     Commission Report

- Alcohol and other drugs undermines the future of America by threatening the well-being and lives of her youth.
- Alcohol and other drug abuse is a symptom of the contemporary breakdown of traditional values, family relationship and faith.
- The problem crosses all social and economic groups in society - the rich, middle class and the poor, the educated and uneducated, those from urban, as well as from suburban and rural sections.
- Treatment is important, but too late. We must focus our attention in the area of education, prevention and intervention.
- Cardinal Cooke says the Church of New York will be directly involved with this problem and it is only by helping the individual will we begin to solve the family and social problems which result.
- Cardinal Cooke establishes the Office of Substance Abuse Ministry to direct his outreach to youth and families.

#### PART II     The Office of Substance Abuse Ministry

- Basic to the philosophy and concept of SAM is recognition that what must be changed are attitudes and values which lead to substance abuse
- Adult oriented - helping parents to help their sons and daughters in their area
- Must involve the total community: youth, families, parishes, schools, service agencies, Chambers of Commerce, law enforcement, health care agencies, etc.

#### PART III     Why a Ministry?

- We have to treat the "whole person"
- We are talking about a way of life rather than a program or a crusade
- We believe God works in this world today and therefore motivated by love we reach out to those afflicted with the effects of alcohol and other drugs helping them to experience a new life without

the use of their crutch.

- SAM'ers are people who have a strong desire to perceive the worth and dignity of every person and who believes that those trapped in the problem of alcohol and other drugs need them to be there in person.

PART IV

ACTION \*

- Detail account of what we have been doing for the last year and a half
- How effective the training program and follow-up is, but especially, how crucial to the success of this project is to have Regional Coordinators who are dynamic, well-trained and energetic who can network and impact on the total community where they are situated.
- This section covers a sampling of what has happened since SAMers have been trained and the three regional offices established.
- We have involved not only youngsters in parochial schools but also youngsters and families in public and other private schools. For example in the Northwest Bronx, District 10 is one of the largest school districts in the country with the greatest concentration of students. There are 32,000 students enrolled up to and including the ninth grade and about 16,000 in the high schools. The public school enrollment totals 44,483 for grade schools and high schools in Rockland County. In Sullivan County, the total enrollment for both is 10,197. The enrollment in the entire Archdiocese of New York is 94,664 in elementary and 39,148 for the high schools, not to mention the other counties.
- Theme for community involvement is "Only Natural Highs for our kids" (vs. chemical). This is being communicated by a number events through '82-'83 in our various regions.

PART V

Look to the Future

- Reliable information, not scare tactics
- Values and attitudes have to be looked at
- Family closeness has to be strengthened, especially communication
- "a kids best ally is his parent, often a parents best ally is another parent"

\* ACTION Agency, Grant No. 137-H193/1



- Continuation of training in 13 centers
- Nine workshops for educators
- Increase number of regional coordinators because they are so important
- Youth component works well when trained for peer ministry, and using basic principles of youth ministry.

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PART ONE -

Report by the Cardinal's Commission on Youth/Drugs and Alcohol to His Eminence, Terence Cardinal Cooke

In 1979, the Cardinal's Commission on Youth/Drugs and Alcohol was established by Cardinal Terence Cooke. The main purpose of this Commission was to focus on drug and alcohol abuse, especially among youth. In March, 1981, the following report by the Commission to Cardinal Cooke identified in detail their purpose, and explains their findings and conclusions in the area of substance abuse among today's young people.

The report, which follows here in its entirety, can be obtained in booklet form by writing to:

OFFICE OF SUBSTANCE ABUSE MINISTRY  
ARCHDIOCESE OF NEW YORK  
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**THE CARDINAL'S COMMISSION  
ON  
YOUTH/DRUGS AND ALCOHOL  
New York Catholic Center  
1011 First Avenue  
New York, N.Y. 10022**

**March 1981**

**His Eminence  
Terence Cardinal Cooke  
Archbishop of New York  
452 Madison Avenue  
New York, N.Y. 10022**

**Your Eminence:**

**Alarmed by the ominous tide of drug and alcohol abuse among young people in New York and its tragic toll in young lives, as well as hardship to thousands of families, Your Eminence called together, eighteen months ago, a select cadre of community leaders, under the title of the "Cardinal's Commission on Youth/Drugs and Alcohol". You charged us with the task of studying the nature, causes and dimensions of the problem, reviewing the efforts of the past decade and proposing a blueprint for the 80's.**

**We have completed our assignment and respectfully submit our findings and recommendations herewith. After lengthy hours of testimony from recognized authorities, review of research studies, and interviews with addicts and parents, our concern and commitment to action has increased a thousandfold. We view the youth drug/alcohol crisis as the gravest crisis confronting the family, the Church and, indeed, communities of people in every part of the world in modern times.**

**Thus, we are heartened by the forthright leadership offered by Your Eminence and, in particular, by your challenging intervention on Substance Abuse at The Synod of The Family in Rome in 1980 as well as your positive pastoral message delivered in all parishes of the Archdiocese at the beginning of Advent.**

**Sincerely,**

**T. Vincent Learson  
Chairman**



## INTRODUCTION

In early 1979, His Eminence Terence Cardinal Cooke, in response to the alarming increase of drug and alcohol use in our society, particularly among youth, appointed a Commission of corporate, educational and civic leaders to advise him on how best to address this problem in the coming decade.

His Eminence defined the purpose of the Commission:

- I. To investigate the problem of substance abuse during the past decade, particularly among the youth of this country, and to evaluate the impact and effectiveness of any attempts to confront the problem during that time.
- II. To formulate policy recommendations indicating actions to be taken to address this critical problem during the decade of the 80's.

The following were Commission members:

Terence Cardinal Cooke, Honorary Chairman  
Archbishop of New York

Mr. T. Vincent Learson, Chairman of the Commission  
(International Business Machines, Chairman-Retired)

Msgr. William B. O'Brien, Executive Director  
(President, Daytop Village, Inc.)

Mr. Arthur Barnes  
President  
New York Urban Coalition

Mr. Frank Bennack  
President and Chief Executive Officer  
The Hearst Corporation

Mrs. Amalia Betanzos  
President  
Wildcat Service Corporation

Brother H. Michael Delaney, C.F.C.  
Provincial  
Congregation of Christian Brothers

John Doar, Esq.  
Attorney-at-Law  
New York City

Mrs. Edith Doran  
President  
Ladies of Charity  
Archdiocese of New York

Rev. James Finlay, S.J.  
President  
Fordham University

Mr. Arthur Levitt  
Chairman of the Board  
American Stock Exchange

Most Rev. Theodore E. McCarrick, D.D.  
Vicar of East Manhattan

Rev. Robert T. Ritchie  
Director  
Catholic Youth Organization  
Archdiocese of New York

Bernard J. Ruggieri, Esq.  
Attorney-at-Law, Partner  
Shea & Gould

Mr. Frank Shakespeare  
President  
RKO General, Inc.

#### CONSULTANTS

Rev. John M. Brown  
Alcoholism Counselor  
New York City

Mr. Francis A. McCorry  
Director  
Drug Abuse Prevention  
Program  
Archdiocese of New York

Rev. Raymond Hand, O.F.M. Cap  
Director  
Project ENTER, New York City

Rev. Benedict Taylor, O.F.M.  
Director  
Project CREATE, New York City



The Commission received testimony from the following experts over a series of meetings beginning in June 1979.

- Hon. Lee I. Dogoloff, Associate Director  
Domestic Policy Staff (Drug and Alcohol Concerns)  
Office of the President, White House
- Hon. Mathea Falco, Assistant Secretary of State  
International Narcotic Affairs  
U.S. Department of State
- Mr. John W. Fallon, Regional Director  
Drug Enforcement Administration  
U. S. Department of Justice, New York City
- Chief Charles H. Kelly, Commanding Officer  
Narcotics Squad  
Police Department, City of New York
- Hon. Julio A. Martinez, Director  
Division of Substance Abuse Services  
New York State
- William Pollin, M. D., Director  
U. S. National Institute on Drug Abuse  
Rockville, Maryland
- Harold L. Trigg, M.D., Director  
Methadone Programs  
Beth Israel Medical Center, New York City
- D. Vincent Biase, Ph.D., Research Director  
Daytop Village, Inc.  
New York City
- Mr. Francis A. McCorry, Director  
Archdiocesan Drug Abuse Prevention Program  
New York City
- Rev. John M. Brown  
Alcoholism Counselor  
St. Michael's Church, New York City
- Hon. Joseph Jaffee  
District Attorney, Sullivan County  
Monticello, New York
- Hon. Vito J. Titone, Associate Justice  
2nd Judicial Department, Appellate Division  
New York State Supreme Court  
Brooklyn, New York

The Commission is deeply indebted to all of the above for their comprehensive presentations and their frank and open answers to our questions.

**CARDINAL'S COMMISSION ON YOUTH/DRUGS AND ALCOHOL**

**COMMISSION REPORT**

**PREAMBLE**

Drug and alcohol abuse undermines the future of America by threatening the well-being and lives of her youth. It is the Commission's conviction that combating the widespread and growing problem of substance abuse must command the nation's attention and become one of her highest priorities.

The increasing availability and potency of today's drugs are of grave concern to the Commission. Heroin entering the country at this time from the Middle East is far more potent and, therefore, far more lethal than that from Mexico and Southeast Asia. Street sales include heroin that contains dangerous and erratic levels of purity which increase the likelihood of death to its users. (1) Chronic marijuana use has increased to alarming levels while marijuana, hashish, quaaludes, PCP, and other chemicals are increasingly available.

The widespread availability of drugs, occurring at a time when substance abuse is already pervasive, heightens the Commission's concern about their debilitating effects on young people. In New York City during 1979 deaths due to chronic and intravenous narcotics increased 92% over the previous year. Heroin-related emergency room episodes increased 153% from January to September, 1980, over the comparable period in 1979. (2)

From 1978 to 1979, the New York City Police Department reported a 24% increase in felony arrests of youths age 16 and under for possession and sale of heroin, morphine and opium derivatives.

Drug and alcohol abuse, no matter how serious the problem, is only a symptom of the contemporary breakdown of traditional values, family relationships and faith. Substance abuse is a simplistic solution to the increasing alienation, absence of human concern and weakening of the family in our present society.

The drug addict is not born overnight. He becomes society's leper after many months of slow deterioration. But the early signs are recognizable in the family and in the neighborhood. And when outside authorities become involved in the youngster's life, it often compounds his feelings of worthlessness, alienation and rejection, increasing his hostility and anti-social behavior. Ultimately he finds relief for his crisis and emotional pain in readily accessible chemicals which, over a period of time, become his sole support system.

America's fascination with mind-altering and mood-changing drugs as well as alcohol contradicts efforts to provide young people with guiding moral beliefs and standards which offer order and consistency in a diverse, changing, and often chaotic world. The conflicting signals which are received by our youth are confusing and serve to negate positive values from any source.

The crisis of substance abuse will be alleviated only when there is a renewed commitment on the part of all elements of our society - the family, churches, government, education, industry, labor, the professions, mass media, entertainment and, particularly, the social services-to confront the reality of the crisis and address it uncompromisingly and energetically.



The Cardinal's Commission on Youth recommends that the Church itself become more active in addressing this serious social problem. It recommends that, through the Cardinal's leadership, the religious and the laity of the Archdiocese of New York accept the challenge and organize their strengths to combat the tragedy of youthful substance abuse.

We cannot allow our youth to believe that their Church is complacent and unconcerned about the dangers which confront them. We cannot permit society to remain unmoved in its indifference. The Commission calls for a campaign which will involve all persons in our society in combating the problem which endangers the lives of our young people.

### **Summary of Findings**

#### **A. NATURE OF THE PROBLEM**

The instability of today's family has given rise to a crisis of values—spiritual and human. Substance abuse is both a self-destructive product of this crisis and a contributing factor to its growth.

#### **B. EXTENT OF THE PROBLEM**

Drug and alcohol abuse cuts across all economic and social lines. No community remains untouched by substance abuse; no family is protected from its reach. In the 1980's the rich, middle class and poor, the educated and uneducated, the urban, suburban and rural resident must confront the far-reaching effects of substance abuse and accept the fact that "it is happening here."

The extent of substance abuse and the growing availability of drugs are alarming. During the 1970's, indicators showed 80,000 drug-related deaths and more than one million persons who were left emotionally and functionally crippled as a result of chronic drug abuse. A survey conducted by the New York State Division of Substance Abuse among students in grades 7 through 12 (1,800,000) found:

- more than 54% have used marijuana in their lifetime;
- about 16% have used PCP (Angel Dust);
- almost 9% have used cocaine or hallucinogens or narcotics;
- use of cocaine and inhalants has almost tripled since 1971.

In the 1980's, from increased production sources, levels of heroin supply will be 20 times that of the 1970's.

Alcohol research indicates that an estimated 19% of our youth report being intoxicated at least once a month, which represents a 10% increase in the last ten years. A major change has occurred in the drinking patterns of young females, bringing the number of young females who drink nearly equal to that of young males. (3)

During the last four years, there has been a 48% increase in the number of 15-year-olds who had their first drink before reaching the seventh grade. (4)

The Surgeon General's Report on Health Promotion & Disease Prevention 1979, observes that since 1900, the overall death rate for the American people has been declining steadily. In 1960 this decline reversed itself for young people aged 15 to 24 and has been rising sharply (11%) since, while it continues to decline for the adult (25 to 64) population. This was the first increase in mortality rates during this century and correlates directly with dramatic increase in the use of drugs and alcohol by this age group.

**C. CAUSATIVE FACTORS**

Parents, adults and society share the responsibility for increased substance abuse among the young with mass media, the entertainment industry, and the sport establishment, all of which wield enormous influence among the young.

Widespread use of alcohol and prescription drugs among adults is accepted by society without comment. For many parents drug and alcohol use has become a fact of life. Many young people remain unaware of the true nature of adult substance abuse within the family because it is often concealed and not discussed.

Misinformation, misunderstanding and confusion have created an unwillingness within society to face the true scope and nature of substance abuse. This unwillingness has, in turn, made society indifferent to the issue of drug and alcohol abuse.

Adult use, society's lack of response and mass media's often glamorized reporting of drug use by contemporary sports and entertainment idols have created an atmosphere in which young people feel comfortable and easy in experimenting with drugs and alcohol.

According to the United States Department of Health, Education and Welfare, alcoholism is this nation's most neglected disease. In New York City alone there are 400,000 alcoholics, and there are 10 million alcoholics nationwide. Surveys of young people show that 6.5 percent of American high school seniors are daily users of alcohol. At least one of every ten young people leaving high school uses marijuana daily and supports habits which cost \$75 a month.

A great number of young who experiment with drugs become frequent users and, ultimately, abusers. When a young person's addiction is discovered, parents often attempt to protect the family name by concealing their child's crisis. Since many abusers support their addiction by theft, parents frequently fund the habit to eliminate the need for burglary and subsequent arrest.

Communities too often respond to neighborhood drug problems by shifting the burden of response to area law enforcement agencies. The reluctance of a community to face its own problem of substance abuse often means consigning its own children to the futile processes of criminal justice. In New York State, this type of community reaction has filled jail cells with the addicted (to the levels of 63 percent) and has extracted enormous costs in wasted lives and dollars.

The annual cost to New York State for each inmate addict carries a \$36,000 price tag. In addition to the jail costs of \$26,000, there is an annual per inmate cost of \$10,000 for police/courts/probation services/parole. Hospital beds for the detoxification or psychiatric treatment cost \$93,000 per patient per year. Outpatient Methadone Maintenance costs \$3,000 per addict per year for life. Drug-free ambulatory treatment costs are \$2,000 per addict and drug-free residential care costs \$8,000 per addict per year. (5) (6)

Drug trafficking ranks among the world's largest and most sophisticated businesses. Countries have boasted that income from drug production and exportation has served to resolve their balance of payments. In the United States drug trafficking is a \$50-60 billion a year industry which supports a vast subterranean economy. Federal estimates report that \$8 billion will have been spent on illegal drug purchases by the end of the year 1980 in the New York Metropolitan area. A large percentage of that money will come from addicts who maintain their habits through burglary. (2)



In terms of alcohol, young people do not have to turn to the streets to obtain it. Family liquor cabinets provide a ready supply. If liquor is not on hand in one home, it is in another, and often this home has working parents, which minimizes the opportunity for parental supervision. No money need be spent and no law broken in order for a young person to have a readily available supply of alcohol.

Beer, wine, and liquor do not carry the same stigma as do drugs in American society. Few adults think of alcohol as a drug and therefore pay less attention to seeing that family supplies are kept under control. Parents who are normally careful to keep prescription drugs inaccessible to youngsters often fail to take the same care with their liquor supply. One of every six high school seniors gets drunk once a week and one-half of all preteen youngsters are tasters of alcohol in some form. Although alcohol kills ten times as many Americans as do drugs and maims fifty times more, parents are frequently relieved that "it's beer instead of drugs, gin instead of heroin".

Even if young people should find difficulty in obtaining liquor in the home, lack of enforcement of local age limits and the ability to obtain illegal proof of age make the purchase of alcohol far less difficult than other forms of drugs. Additionally, a group of teenagers can usually find a friend of legal age to obtain sufficient liquor or beer to make abuse possible.

The trend of some liquor companies to develop and market milk-based alcoholic products and sweet fruit wines is further encouragement to young people who may find the strong product unpleasant, yet readily seek out and enjoy the new products apparently aimed at the taste preference of the young.

The Commission calls upon all New Yorkers to join in a campaign to end the paralysis in the public will to act effectively by facing the real issues of drug and alcohol abuse. The tradition of the New York community to join forces to seek solutions to pressing social problems needs to be reaffirmed in dealing with youthful substance abuse. It is essential that there be a shift in public attitude and perception in relationship to the cause and extent of substance abuse and its wide-reaching ramifications.

As a united, concerned community, we must work to change laws and court procedures which aid rather than eliminate drug sales on our streets and in our parks; to reduce the backlog of 1,148 cases in the Special Narcotics Prosecutor's Office; to remove thousands of young people from the endless cycle of drugs by expanding rehabilitation centers and addressing neighborhood resistance to the establishment of these facilities within their community; to alter the widespread concealment and silence surrounding family alcohol abuse which is at the center of chronic alcoholism. (7)

The Commission also calls upon local law enforcement agencies to pay stricter adherence to legal age limits placed on sale of alcoholic products. It recommends that the liquor industry police itself in the development of products which have primary appeal to the young.

#### **D. CONTRIBUTING FACTORS**

At the close of the 1970's, federal leadership in attacking the problem of substance abuse seemed to collapse at all levels despite the nationwide drug crisis among youth. A threatened \$40 million funding cutback in treatment programs as well as a dramatic reduction of international enforcement networks were symptomatic



of the federal government's unwillingness to place sufficiently high priority on the welfare of the nation's richest resource — its youth.

In the 1970's, \$161 million was spent by the federal government in the 50 states on programs of drug and alcohol prevention, while New York State alone allocated \$176 million annually during the same period and currently spends \$62 million.

Government leadership also continued its ambivalence toward drug abuse by continually shifting its response to the problem from the area of criminal justice to the realm of medical science and back again. Medical societies were slow to address the problems surrounding the overprescription of mind-altering and mood-changing drugs. The Departments of State and Justice directed only limited efforts toward the cessation of the lethal flow of drugs into the country. Citizens, who were uninformed and therefore indifferent, failed to press legislatures, courts and law enforcement officials to attack forcefully the open sale of drugs in parks, school yards and other open areas.

The use of cocaine, especially among major sports and entertainment figures idolized by youth, grew alarmingly. The use was at times concealed, while at other times apparently condoned by officials and promoters of the figures involved, as a means of protecting their financial success.

This Commission is alarmed by the climate created by lack of leadership at these levels and calls for a strong effort in developing prevention programs which help the individual before treatment is necessary. In the Commission's view these programs must involve both the social sciences and the healing professions as they strive to maintain the total human person in a fully functional capacity.

While all crime involves persons, most addict crimes are planned to acquire property to sell so that they may support a habit. Recognizing that, the Commission recommends sound programs of restitution, rather than incarceration, after completion of treatment. This is seen as a long overdue approach to the criminal aspects of drug abuse. At the same time, increased efforts on the part of the United States Departments of State and Justice, both through the United Nations and international enforcement networks, are needed to halt the international drug traffic into the United States. The Committee on Standards of area medical societies must address themselves to the problems created by overprescription of mind-altering and mood-changing drugs. Efforts to educate citizens and encourage them to demand a reevaluation of current attitudes toward the open sales of controlled substances must be initiated.

The Commission recommends that the federal government imitate the positive and diversified response of the State of New York to the twin problem of drug and alcohol abuse.

The Commission welcomes the move away from the decriminalization of marijuana in the light of increasing biomedical data which show its essential toxicity to the human system. Its members are impressed by the evidence of psychological damage in terms of irreversible immaturity, restricted attention span, memory loss, prolongation of adolescence and regression to almost infantile expectation of instant gratification caused by marijuana.

Marijuana is not a "safe" substance. It interferes with lung function and produces bronchial irritation in habitual users. There is also evidence that marijuana can



affect the network of glands and hormones which are involved in such functions as growth, energy levels and reproduction.

The Commission recognizes the vital role of relevant research into the field of drug and alcohol abuse as well as into the complex set of interacting causes of substance abuse. At the same time, it cautions that all research efforts must be measured by the impact that they have on the prevention of abuse and the healthful development of the young lives involved.

#### **E. BLUEPRINT FOR ACTION**

The Commission notes with candor that the Church has not given a sufficiently high priority to the problem of youthful substance abuse when addressing social concern. Under the leadership of Cardinal Cooke, the Archdiocese of New York is now prepared to assume special responsibility for the well-being of the young, and particularly, the "shadow children" whose lives and families experience the pain of drug and alcohol addiction.

The Commission is confident that Catholic leadership on the national level, and especially the United States Catholic Conference, will study this new understanding of the Archdiocese of New York in this critical area. Perhaps a Special Action Office on Youth Substance Abuse to develop effective programs might be established on a national level.

The Commission recognizes some encouraging responses from both state and national leaders to the dilemma of drug and alcohol abuse. It applauds the coming together of treatment and prevention leadership at annual training conferences such as the New York State Drug Abuse Conference and the National Alcohol and Drug Coalition. It pays particular tribute to the National Federation of Parents for Drug Free Youth, Inc. a nationwide grassroots movement of parents. It also commends the prevention impact provided by "Channel 1," an industry/community model, and "The Winners," a proposed mass media campaign aimed at combating substance abuse. Finally, the Commission recognizes the successful prevention and intervention efforts of the Archdiocesan Drug Abuse Prevention Program in the elementary and secondary schools of the Archdiocese. It recommends the expansion of the Program's services to every school in the Archdiocesan system.

The Commission considers that only when treatment, prevention and enforcement are addressed jointly by an aroused community leadership, backed by ample governmental support, will substance abuse be overcome. Had this joint approach been operative in the early 1970's we would be looking at a brighter situation today.

The field of drug and alcohol prevention during the 1970's emphasized information. The fact that the information provided was often misleading or false severely damaged the credibility of the field with youth. Moreover, preoccupation with scare tactics and horror stories of drug use only served to make practitioners of prevention seem naive. Consequently, the informational approach as a primary means of drug prevention was eventually viewed as ineffective and possibly counter-productive.

More promising approaches to drug and alcohol prevention, developed in the latter part of the decade, emphasize decision-making, values clarification, peer support, and confrontation. Moreover, they look at the youth developmentally and examine his/her drug and alcohol use within that context. These approaches have



shown encouraging results and deserve to be recognized and implemented, beginning with early years of elementary school.

Early intervention is designed to work with adolescents whose drug and alcohol use does not fall within the parameters associated with developmental issues but who are still functioning in the school, community, or the family. Other maladaptive behaviors such as truancy, chronic absenteeism, academic failure and vandalism are common in this population. Early intervention services work intensively with the youngster to alleviate the dependence on these self-defeating behaviors and to develop more functional ones.

The Commission calls upon government at all levels, from the local community to the federal government, to establish and to fund prevention and treatment programs that focus on the individual.

The Commission places special emphasis on the role of the New York City community in the efforts to combat substance abuse. New York City is the nation's largest urban center as well as the nation's gateway port. It is open to an influx of drugs in many forms from many areas at a high and constant rate. An effective, coordinated response to the crisis of youthful substance abuse in New York will have nationwide impact. Allocations of federal funds to prevention, treatment and enforcement programs must take into account the unique problem of addiction present in New York and must recognize that an effective program of prevention in New York presents a nationwide effort at eliminating the problem.

The Commission charges the "influencers" of youth — mass media, the entertainment industry, the sports establishment — with a special responsibility in reversing the indifference about substance abuse which they, in part, helped to create. A campaign planned along the lines of the successful anti-smoking campaign would be a major contribution to the effort.

In creating programs that respond to drug and alcohol abuse, the Commission stresses the need to incorporate motivated and trained peers (i.e., youth to youth, adult to adult). They can be found among the thousands of once hopeless young people who have successfully recovered control of their own lives through family-format programs of treatment. Negative peer pressure is a major factor in the growth of youthful addiction. Involving the ex-addict in programs for the young is an excellent way to counteract the negative peer influences. This peer involvement, however, must extend beyond the young people, to parents being helped by parents, educators by educators, and so on.

Any effort to attack substance abuse must recognize the need to end prevailing discrimination against ex-addicts which isolates them from a community and bars them from employment. If we are to encourage youthful substance abusers to follow the lead of ex-addicts, we must show them that there is no stigma attached to overthrowing their addiction, only to continuing it.

It is particularly important that the corporate sector of the New York community respond to the needs of ex-addicts in creating job opportunities for them. Only when leading members of the business community establish a positive hiring pattern will discrimination against ex-addicts in the job market be ended.

The Commission invites the private sector, especially corporate and foundation leadership, as well as government, to join it in fielding a comprehensive attack on New York's addiction problem by providing the needed funds.



## Summary of Commission Action Recommendations

### PREFACE

In developing a blueprint for action which would address the problem of substance abuse in the 1980's, the Commission paid particular attention to movements which had a major impact on deeply-rooted American social problems.

Of particular significance was the Civil Rights Movements of the 1960's which focused national attention on the problem of racial inequality in the United States. Begun by small, diverse groups working independently, the movement spread when the original groups were expanded and multiplied by hundreds of new groups in an historic effort to improve the quality of life for significant numbers of Americans.

The Commission's intent is to recommend the development of a plan of action within the Archdiocese of New York that in turn could reach out to other groups throughout the nation who experience the same concerns and are seeking the same solutions. We believe that the Church in New York has both opportunity and a responsibility to be in the vanguard of this new crusade.

Our major recommendations are as follows:

#### A. THE CARDINAL ARCHBISHOP

The Commission recommended that the Cardinal make a dramatic personal statement from the pulpit of St. Patrick's Cathedral on substance abuse. His Eminence did this on November 30, 1980, in a statement which launched a campaign and urged all religious and lay people of the Archdiocese to join the battle in addressing this serious social problem particularly as it affects our youth. This statement was distributed to the 407 parishes of the ten counties of the Archdiocese and was the foundation of the homily at all Masses that day.

#### B. SPECIAL ADVISORY TASK FORCE:

The Commission recommends that a Special Advisory Task Force on Youth be established to monitor the continuing phenomenon of drug and alcohol abuse among youth, as well as to encourage the full implementation of the Archdiocesan Action Program. The Cardinal would invite an ecumenical advisory group, representing the major elements of business, law, medicine, education and religious life in the New York community, to serve.

#### C. THE CHURCH IN NEW YORK - MOBILIZATION FOR ACTION

The Catholic Church of New York with its 407 parish units as well as its 349 schools across 10 counties of the State represents an immeasurable resource for the purpose of making an impact upon the problem of drug and alcohol abuse among youth.

##### 1. Archdiocesan Pastoral Council and Senate of Clergy

The Pastoral Council and Senate represent crucial first steps in the plan. A full-day of orientation designed to confront basic questions should be scheduled in 1981. The issues to be presented are:

- The nature of the drug/alcohol problem
- The extent of the problem
- The means by which the problem becomes abuse
- The reasons for concern

The plan of action for this group

It is foreseen that a program of this kind will be the first step and will assist priests in organizing groups within the parish and preparing material for use at parish and school levels.

**2. Special Action Office: D.A.R.E. (Drug, Alcohol, Rehabilitation, Education)**

- a. The Cardinal has established this office within the Department of Education under the Director, Father Terence Attridge. The Office is serving as a center for the Archdiocesan programs which address the areas of drug and alcohol abuse among young people.
- b. A series of day-long Training Workshops for parish and school personnel will be scheduled for purposes of basic orientation as to the nature of, scope of, and response to the problem.
- c. A select cadre of specially-prepared priests, religious and laity in each Vicariate will be identified and will undergo intensive training for purposes of assisting the parishes and schools of the Archdiocese in substance abuse programming at the local level.
- d. The ultimate goal of the Special Action Office as well as the training programs for priests, religious and laity is the formation of peer-teams-youth for youth, adults for adults.

**SUMMARY**

The Commission acknowledges that these recommendations represent only a beginning and that, as the programs become effective, a tremendous spirit of hope will be released throughout the Archdiocese. The Commission also senses that parents and young people will welcome the guidance of the religious and concerned laity and that what will be begun here will find echoes throughout the nation.

**REFERENCES**

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