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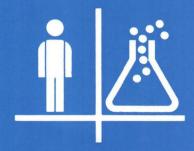
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Introducing . . .

American Council on Science and Health



A national educational association, directed and advised by a panel of scientists and policy specialists, and committed to providing consumers with scientifically balanced evaluations of issues involving food, chemicals, the environment, and health. You can join!

What is the American Council on Science and Health (ACSH)?

ACSH is a scientific consumer education organization, directed by a panel of some 80 distinguished scientists, physicians, and policy advisors, and staffed by trained researchers and administrators.

Its purpose is to provide balanced, scientifically accurate information on important topics related to food, chemicals, the environment, and your health.

When and why was ACSH formed?

ACSH was founded in 1978 by a group of scientists who were concerned that many Americansincluding government officials who make decisions that affect us all-frequently had a less than complete understanding about the relationship of health to specific aspects of the environment.

Since many of the existing "consumer advocate" groups weren't giving either policy makers or consumers the balanced, accurate, scientific information they needed, the founders of ACSH decided to form a new organization that would fill this gap.

What does ACSH do?

With consumer education as its aim, ACSH:

- publishes reports on health and environmental topics of current interest
- publishes a bimonthly newsletter, ACSH News & Views, which contains timely and interesting articles on health, the environment, and nutrition
- presents its scientific findings at legislative and regulatory hearings at the state and national levels
- produces HEALTHLINE, a nationally syndicated radio series
- discusses its views and investigations in radio and television interviews, and in articles in newspapers, magazines, and scientific journals

What types of issues does ACSH address?

ACSH has recently published reports on the following topics:

- Cancer in the U.S.: Is There an Epidemic?
- Fast Food and the American Diet
- The Health Effects of Caffeine
- Saccharin
- The Health Effects of Herbicide 2, 4, 5-T
- Diet Modification: Can It Reduce the Risk of Heart Disease?

- Postmenopausal Estrogen Therapy
- Food Additives and Hyperactivity
- Alcohol Use During Pregnancy
- Wood As Home Fuel: A Source of Air Pollution
- "Vitamin B-15": Anatomy of a Health Fraud
- The U.S. Food Safety Laws: Time for a Change?
- Irradiated Foods
- Formaldehyde

Recent articles in ACSH News & Views have looked at questions like these:

Are megadoses of vitamins useful?

Is the federal government using scientific information responsibly in making important regulatory decisions?

How much do physicians know about nutrition?

Why has the contraceptive Depo-Provera caused an international dispute?

Is the Beverly Hills Diet dangerous?

What is the impact of mail-order health fraud on the American consumer?

Should DDT have been banned?

Does the FDA approve new drugs too slowly?

Which magazines accurately report the hazards of smoking?

How do industries use health fears and misinformation to promote their products?

Where does ACSH stand on today's important health issues?

On cancer in the United States:

"Despite the popular conception that the United States is suffering from an 'epidemic' of cancer, the scientific evidence collected to date does not support this view. With the exception of lung cancer, age-adjusted cancer death rates for most other forms of cancer have decreased or remained constant for the past fifty years."

from the ACSH report Cancer in the U.S.: Is There an Epidemic?

On fast food:

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"Contrary to common belief, fast food is not nutritionally worthless. In fact, its potential nutritional contribution to the diet is limited only by the variety of menu items available. Individuals who must restrict their intake of calories, sodium or cholesterol need to be aware of the nutritional composition of fast food menu items in order to choose meals that are compatible with their special needs."

> from the ACSH report Fast Food and the American Diet

On cigarette smoking:

"A great many things about cancer are debatable. But this is not so with regard to the impact of tobacco on health. Indeed, it is remarkable how consistent all of the evidence indicting cigarette smoking as a health hazard has been."

from "Health Watch,"

a regular column in ACSH News & Views 2

On alcohol use during pregnancy:

"For those women who choose to drink during pregnancy, ACSH advises that they limit their daily intake to two drinks or less. Although no absolutely safe level of alcohol has been defined, the health risks associated with this level of consumption are apparently low if they exist at all."

from the ACSH report Alcohol Use During Pregnancy

On pesticides and public opinion:

"The Medfly situation is a perfect example of yet another costly victory of pesticide paranoia over common sense. The Medfly is capable of devastating the billion-dollar California agricultural industry. Somehow, amidst all the screaming, the potentially calming facts of malathion's extremely low risk to humans and animals, and history of safety, were lost."

from "Of Medflies and Malathion," an article in ACSH News & Views

On saccharin:

"Based on its analysis of the scientific evidence, ACSH recommends that saccharin be reclassified as a safe substance. There is no evidence to indicate that saccharin, at current levels of use, causes cancer or any other disease in human beings."

from the ACSH report Saccharin

Who benefits from ACSH's work?

You, the American consumer.

ACSH is a source of reliable information that you can use when making decisions that affect your family's health.

ACSH's efforts to insure that sound science is used as the basis for public policy also benefit you. ACSH favors government actions that improve public health and opposes the passage of laws and regulations which do not protect health, but only remove useful products from the market or raise the prices of products that remain. ACSH supports policies that improve public health, preserve our high standard of living, and reflect sound science, not emotion.

Who funds ACSH?

Approximately two thirds of ACSH's funding comes from private foundations and membership dues. About one third of the budget comes from corporate contributions and sales of publications. The full ACSH funding list is available on request.

How can I get more information about ACSH and become a member?

Please fill out the membership form on the following page. Membership categories are described.

A contribution of:		Entitles you to:	
\$3,000 \$1,000	Benefactor Patron Sponsor Institutional	All ACSH publications, past and present, including all ACSH reports.	
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\$15	Full-time Student or Senior Citizen	News & Views, media updates, annual reports, all future scientific publications, plus choice of 2 current ACSH reports.	
	Newsletter Overseas	News & Views only.	

Yes, I will join ACSH!

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