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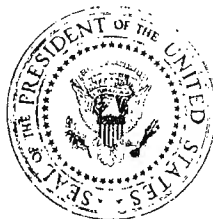
Last Updated: 07/01/2025

From the desk of President Ronald Reagan:

When I first became Gov. of Calif. the state was faced with what seemed insurmountable problems. Each morning began with someone standing before my desk describing another nearly disastrous disaster. The feeling of stress became unbearable. I had an uncontrollable urge to turn and look over my shoulder for someone I could pass the problem to.

Suddenly one day it came to me that I was looking in the wrong direction. I looked up instead of back. I'm still looking up. ~~and~~ I couldn't face one day in this office if I didn't know I could ~~then~~ ask God's help and it would be given.

RR



"When I first became Governor of California, the state was faced with what seemed insoluble economic problems. Each morning began with someone standing before my desk describing another newly discovered disaster. The feeling of stress became unbearable. I had an uncontrollable urge to turn and look over my shoulder for someone I could pass the problem to.

Suddenly one day it came to me that I was looking in the wrong direction. I looked up instead of back. I'm still looking up. I couldn't face one day in this office if I didn't know I could ask God's help and it would be given."

21 1983

PRESIDENTIAL LOG OF SELECTED HOUSE MAIL

BER

SUBJECT

COMMENTS

Y ROTH

"HOW DO YOU COPE WITH STRESS? THE AID ASSOCIATION FOR LUTHERANS (AAL) HAS ASKED MY ASSISTANCE IN FINDING OUT HOW SOME OF OUR GOVERNMENTAL LEADERS HANDLE STRESS IN THEIR LIVES. THE RESPONSES WILL BE FEATURED IN A STRESS MANAGEMENT KIT AAL IS DEVELOPING... COULD YOU TAKE A COUPLE MINUTES TO JOT DOWN TECHNIQUES YOU USE TO DEAL WITH STRESS?"

*You're here
I know do you
want that.*

RIES E. SCHUMER
SO SIGNED BY:
24 OTHERS

"WE ARE WRITING TO EXPRESS OUR DEEP CONCERN AND THE AMERICAN RESPONSE TO THE INCREASED SOVIET PRESENCE IN SYRIA...WE URGE YOU TO DO ALL YOU CAN TO (1) SECURE THE IMMEDIATE WITHDRAWAL OF SOVIET FORCES AND SA-5 MISSILES IN SYRIA; (2) CURTAIL ALL U.S. AID TO SYRIA, INCLUDING OBLIGATED AND DEOBLIGATED FUNDS; AND (3) REAFFIRM PUBLIC AND UNEQUIVOCAL SUPPORT OF ISRAEL IN ALL FUTURE NEGOTIATIONS IN THE MIDDLE EAST"

*We are working
on this.*

Received SS
MEMORANDUM

1983 JUL -2 AM 9:33

146191
PR014-08
THE WHITE HOUSE
WASHINGTON

June 28, 1983

MEMORANDUM FOR THE PRESIDENT

FROM:

KEN DUBERSTEIN *KmD.*

SUBJECT:

June 20 Letter from Congressman Toby Roth (R,WI)

On June 20, Congressman Toby Roth (R,WI) wrote to you on behalf of the Aid Association for Lutherans (AAL) to ask "How do you cope with stress?"

AAL is developing for its members a "stress management kit," in which they hope to include the responses from a number of public figures and government leaders (for example, Justice O'Connor, Secretary Weinberger, and Secretary Schulz) as to how they handle stress in their lives.

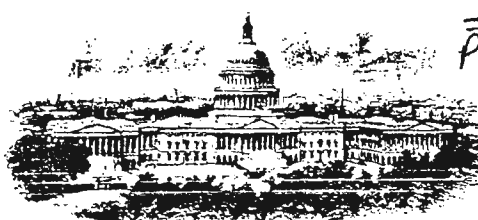
On your Log of Congressional Mail, you indicated an interest in providing a response to this question. We are advised that a short phrase, capsulizing any hints you would give for dealing with stress, will be sufficient.

TOBY ROTH
EIGHTH DISTRICT
WISCONSIN

FOREIGN AFFAIRS COMMITTEE
AFRICA SUBCOMMITTEE
INTERNATIONAL ECONOMIC POLICY AND TRADE

SMALL BUSINESS COMMITTEE
ENERGY, ENVIRONMENT AND SAFETY SUBCOMMITTEE
EXPORT OPPORTUNITIES AND SMALL BUSINESS PROBLEMS

RURAL CAUCUS
TRAVEL AND TOURISM CAUCUS
WEST POINT MILITARY ACADEMY BOARD



United States
House of Representatives

June 20, 1983

WASHINGTON OFFICE:
215 CANNON HOUSE OFFICE BUILDING
WASHINGTON, D.C. 20515

DISTRICT OFFICES:
126 NORTH ONEIDA STREET
APPLETON, WISCONSIN 54911

207 FEDERAL BUILDING
325 EAST WALNUT STREET
GREEN BAY, WISCONSIN 54301

101 NORTHERN BUILDING
844 PIERCE AVENUE
MARINETTE, WISCONSIN 54143

Dear Mr. President,

How do you cope with stress? The Aid Association for Lutherans (AAL), a fraternal benefit society headquartered in Appleton, Wisconsin, has asked my assistance in finding out how some of our governmental leaders handle stress in their lives. The responses will be featured in a stress management kit AAL is developing for its members. Quotes from people in other seemingly high-stress professions also will be included.

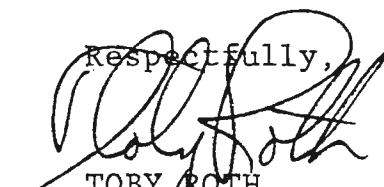
AAL has 1.3 million members in all 50 states and is the nation's largest fraternal benefit society, with more than \$17 billion of life insurance in force. AAL provides a variety of programs related to family health, personal wellness, scholarships, benevolence, as well as offering life and health insurance annuities.

The stress management kit will be provided free of charge to members, upon request. It should be completed this winter, with an initial press run of at least 60,000.

Could you take a couple minutes to jot down techniques you use to deal with stress? Send them to: Linda L. Nowobielski
Benefit Development
Personal Health
Aid Association for Lutherans
Appleton, WI 54919

If you would like a copy of the kit upon its completion, indicate that with your response. I am sure Ms. Nowobielski will be happy to send you one.

Respectfully,


TOBY ROTH
Member of Congress

The President
The White House
Washington, D. C. 20500

THE WHITE HOUSE
WASHINGTON

Date: July 6, 1983

NOTE FOR: KENNETH M. DUBERSTEIN

The President has

seen ☐

acted upon ☒

commented upon ☐

the attached; and it is forwarded to you for your:

information ☐

action ☒

Richard G. Darman
Assistant to the President
(x-2702)

cc: *file*

End.
Case
File

WHITE HOUSE STAFFING MEMORANDUM

DATE: July 6, 1983 ACTION/CONCURRENCE/COMMENT DUE BY:

7/17

SUBJECT: Reappointment of Jenkins to NLRB

ACTION FYI

ACTION FYI

VICE PRESIDENT

☐☐

HARPER

☐☐

MEESE

☐☒

HERRINGTON

☒☐

BAKER

☐☒

JENKINS

☐☐

DEAVER

☐☒

McMANUS

☐☐

STOCKMAN

☐☐

MURPHY

☐☐

CLARK

☐☐

ROGERS

☐☐

DARMAN

☐

P-SS

ROLLINS

☐☐

DUBERSTEIN

☐☐

VERSTANDIG

☐☐

FELDSTEIN

☐☐

WHITTLESEY

☐☒

FIELDING

☐☐

BRADY/SPEAKES

☐☐

FULLER

☐☐☐☐

GERGEN

☐☐☐☐

REMARKS:

Please note and take appropriate action -- including a response to Presser as appropriate. At Presser's request, a copy of this letter has gone forward to the President

Thank you.

RESPONSE:

7/5 Plz. note P's comment

Richard G. Darman
Assistant to the President

+ 2702

THE WHITE HOUSE
WASHINGTON

July 6, 1983

MR. PRESIDENT:

Jackie Presser wanted this brought to your personal attention. The original has been forwarded to John Herrington for appropriate action.



Richard G. Darman

*Let me know as quickly
as possible what the answer
is so I can respond to this.
RR*

THE WHITE HOUSE
WASHINGTON

Date: July 6, 1983

NOTE FOR: JOHN HERRINGTON

The President has

seen ☐

acted upon ☐

commented upon ☒

the attached; and it is forwarded to you for your:

information ☐

action ☒

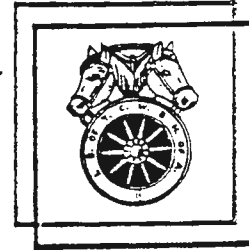
Please note the President's comment
on the attached.

Richard G. Darman
Assistant to the President
(x-2702)

cc: Files ✓

INTERNATIONAL BROTHERHOOD OF TEAMSTERS
CHAUFFEURS • WAREHOUSEMEN & HELPERS
OF AMERICA

LOUISIANA AVENUE, N.W. • WASHINGTON, D.C. 20001



OFFICE OF
JACKIE PRESSER
GENERAL PRESIDENT

June 29, 1983

The President
The White House
Washington, D. C. 20500

Re: Reappointment of Howard Jenkins
to the National Labor Relations
Board

Dear Mr. President:

The National Labor Relations Board is an agency that is of vital concern not only to the Teamsters' union but to the entire labor movement. Mr. Howard Jenkins is currently a sitting member of this body. His term as board member will be expiring in the near future. Therefore, I wish to be on record as rigorously supporting the reappointment of Mr. Jenkins for another term.

Mr. President, in all frankness, we have had our share of good-faith differences of opinion with Mr. Jenkins in several areas. However, his integrity and knowledge are beyond question. Additionally, his many years of experience on the National Labor Relations Board will continue to provide the necessary stability of the operation of that agency.

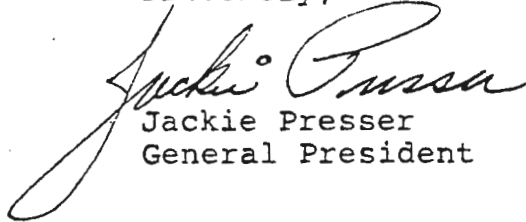
Therefore, the International Brotherhood of Teamsters, and its over 700 local union affiliates, wholly recognize that Mr. Jenkins' record of achievement and his ability to contribute to the stability in labor-management relations at such a critical time in our nation's history, imminently qualify him as a deserving candidate for reappointment.

153106
FG006-01

The President
Page 2
June 29, 1983

Mr. President, I hope you will give Mr. Jenkins'
reappointment your personal and serious consideration.

Sincerely,

A handwritten signature in cursive script, appearing to read "Jackie Presser".

Jackie Presser
General President

JP:ch

cc: Edwin Meese, III
Paul Russo
Edward Rollins
John Herrington

End
Case
File

July 6, 1983

Dear Ted:

Thanks very much for your letter. I assure you I share your high regard for Faith. I'm afraid the press who continually try to stir up feuds quoting their "unnamed" informants are at it again. Pay them no heed. Faith is doing a fine job and I'm glad to have her on board.

Best regards,

Mr. T. E. Stivers
Post Office Box 608
Decatur, Georgia 30031

RR:AVH:pps

RR Dictation

T. E. STIVERS
CONSULTANT
POST OFFICE BOX 608
DECATUR, GEORGIA 30031

Dear Mr. President:

We have read several recent political commentaries regarding various attacks on Faith Whittlesey. I just want you to know that Faith has the full support of your long-time loyalists down here in Georgia, and their counterparts I am in touch with in many other states. We feel she is an excellent choice in her position, and should be given a free hand in carrying out her assignment to implement your policies and philosophy. It will take her brand of courage if we are to get the job done.

With kindest regards,

Sincerely,

Ted

President Ronald Reagan
The White House
Washington, D. C. 20500

June 24, 1983

Dear Ted

Thanks very much for your letter. I assure you I share your high regard for Faith. I'm afraid the press who continuously try to stir up friends quoting their "unnamed" informants are at it again. Pay them no heed. Faith is doing a fine job and I'm glad to have her on board.

Best Regards Ron

End
case
File

153107
FC143

July 6, 1983

Dear Tom:

Just had a few days at the ranch over the 4th and believe my batteries are charged up enough to carry me til the next trip.

I appreciate your letter about Paul Volcker. I think he'll play the game the way it needs to be played if we're to keep the recovery rolling. Thanks for the pins, I'll make good use of them. Have a good summer.

Best regards,

RON

Mr. Thomas M. O'Brien
6560 N. Scottsdale Road
Building J, Suite 202
Scottsdale, Arizona 85253

RR:AVH:pps

RR Dictation

153889
61002

July 6, 1983

Dear Miss Schuette:

Thank you very much for the book, we're delighted to have it. Thank you, too, for the post cards, I'd never seen them before. I guess you are right there are things out there we don't have a chance to see. We aren't exactly free agents anymore.

Did the kite find a favorable wind? You and your mother are wonderfully kind and supportive and I'm most grateful. I'll keep the snapshots and do a little showing off with them.

Again, my thanks.

Sincerely,

RONALD REAGAN

Miss Ann Schuette
1834 S. Clovis Avenue
Fresno, California 93727

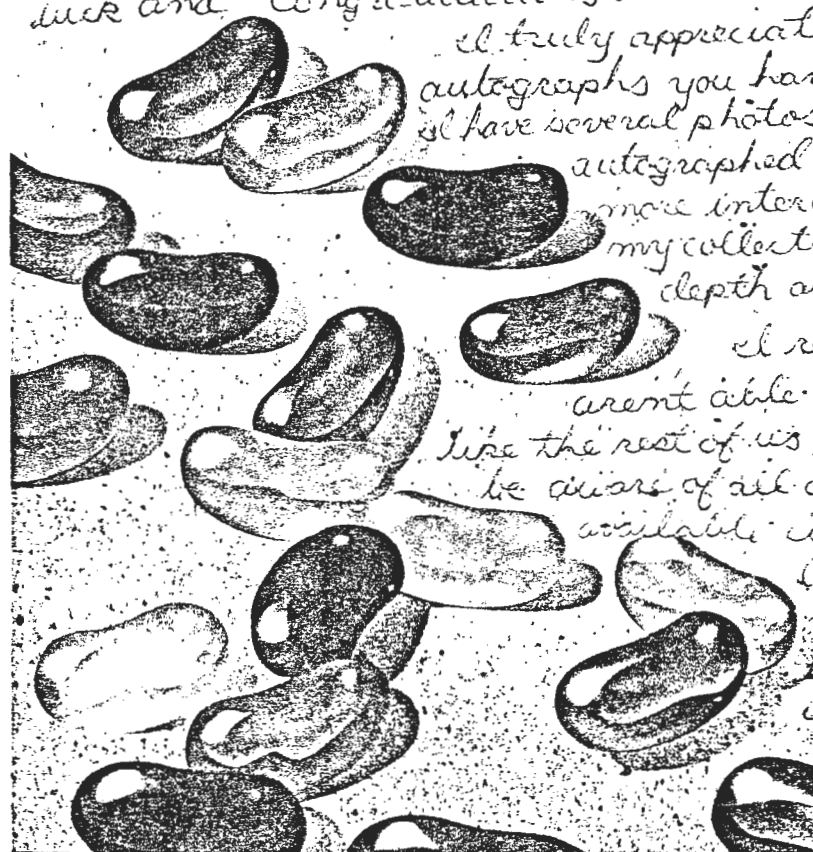
RR:AVH:pps

RR Dictation

June 12, 1983

Dear President Reagan,

How can I begin to thank you for your kindness and thoughtfulness in helping me with my collection of memorabilia. Thanks to you, my collection is growing by leaps and bounds. I now have over 4000 different buttons + pins (of all sorts) and 500 different Reagan buttons + pins (my favorites) I expect that number to double in no time, as the 1984 pins are beginning to surface + I plan to get one of each of them. By the way, you may be interested in knowing what people outside of the political circle think of your re-election chances. Everyone thinks you will run again and no one doubts that you will win. So good luck and Congratulations!



I truly appreciate all of the autographs you have been giving me. I have several photos of you but the autographed ones are far more interesting - they give my collection a lot of depth and personality. I realize that you aren't able to go out + shop like the rest of us so you may not be aware of all of the memorabilia available concerning you. (You wouldn't want most of it, but some things are very interesting)

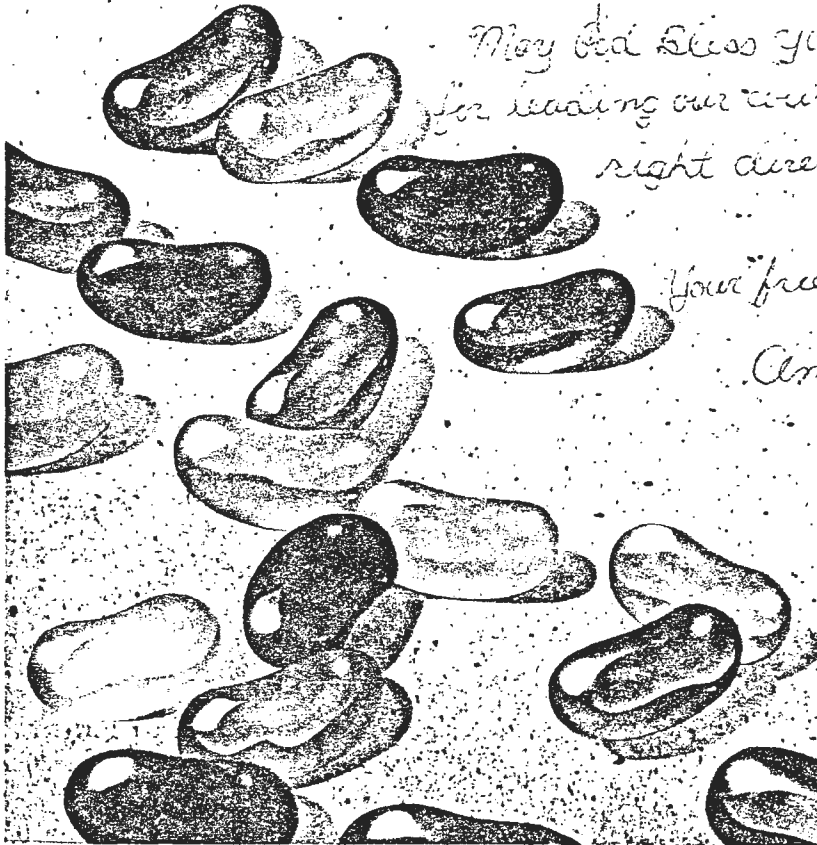
next page *

I would like you to have the book I am sending up. It has some very nice pictures & you and Mrs. Reagan might enjoy looking through it. I am also sending you two comical postcards featuring you - Tip O'Neill. I don't know if you have seen them yet but they have an interesting way of getting the message across.

I always enjoy Anne's visits to Fresno. When she brings the autographs & buttons up its like Christmas! I think Anne will show you the pictures we took of my mother (The Clock Lady) and me with the kite we made for the 4th of July. It says "God Bless America - Ron too." (We wanted to write more but that's all that would fit.)

May God Bless you and Mrs Reagan for leading our country in the right direction.

Your friend & supporter,
Ann Schuette



To Thomas M. O'Brien 6560 N. Scottsdale Rd.
Bldg. J. Suite 202 Scottsdale Ariz.

85-253

Just had a few days at the ranch over the
H.F. & believe my batteries are charged up enough
to carry me ^{til} the next trip.

I appreciate your letter about Paul V. I think he'll play the game the way it needs to be played. If we're to keep the recovery rolling. Thanks for the pins, I'll ~~to~~ make good use of them. Have a good summer.

Best Regards. Ron

Best Regards: Ron

[illegible]

To Miss Ann Schaeffer. 1834 S. Clovis Ave. Fresno Calif.
93727

93727

Dear Miss Schreier

I thank you very much for the book, I'd be delighted to have it. I thank you too for the post cards, I'd never seen them before. I guess you are right there are things out there we don't have a chance to see, We aren't exactly free agents anymore.

Did the ~~bits~~ bits find a favorable mind? You
 & your mother are wonderfully kind & supportive &
 I'm most grateful. I'll keep the ~~two~~ snapshots
 (over)

and do a little showing off with them.

Again my thanks.

Sincerely RR

End
case
File

154005
TR080

THE WHITE HOUSE

WASHINGTON

July 7, 1983

Dear Billy:

It was good to hear from you. As always I enjoyed being in Jackson. The only thing lacking was you. I hope you are feeling better now. Your good lady brought me the word that you couldn't make it. Give her my best regards.

Don't worry about Faith. I share your good opinion of her. I'm afraid the press is up to their usual tricks, trying to stir up trouble which they'll blame on "unnamed sources." I won't let them get away with it.

Again, all the best to you.

Sincerely,

RON

Mr. William D. Mounger
Post Office Box 1200
Jackson, Mississippi 39205

830708

From the desk of President Ronald Reagan:

To W. D. Mounzer
P.O. Box 1200 Jackson Miss.
39205

Dear Billy

It was good to hear from you.
As always I enjoyed being in Jackson.
The only thing lacking was you.
I hope you are feeling better now.
Your good lady brought me the
word that you couldn't make it.
Give her my best regards.

Don't worry about ~~me~~ Faith.
I share your good opinion of her.
I'm afraid the press is up to
their usual tricks, trying to stir
up trouble which they'll blame on
"unnamed sources." I won't let them
get away with it.

Again all the best to you.

Sincerely Ron



End
Case
File

154006
GI002

THE WHITE HOUSE
WASHINGTON

July 8, 1983

Dear Mr. Franusiak:

Paul delivered your gift and I thank you more than I can say. It is handsome, certainly appropriate and was obviously made by a master craftsman -- yourself.

Thank you again, and thanks, too, for your generous words.

Sincerely,

RONALD REAGAN

Mr. Walter N. Franusiak
247 Lowell Road
Kenmore, New York 14217

Walter N. Franusiak
247 Lowell Rd.
Kenmore, N. Y.
14217

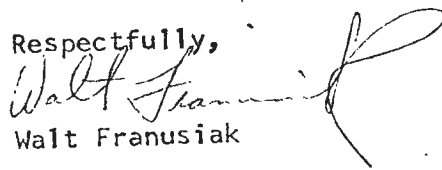
Dear Mr. President,

It gives me great pleasure to have Paul hand-deliver this bronze buckle to you.

I work with Paul, in the Long Lines Division of A. T. & T. Some months back, while we were discussing my hobby of metalcasting, Paul suggested that I should make up a buckle that might be worn by the President of the U. S., when he is at the Western White House. After thinking about it for a while, I decided on the logo of the Republican Party. Lets' face it, it takes a big man to wear a buckle with an elephant on it.

Wear it in good health, and continue the excellent work that you have been doing.

Respectfully,


Walt Franusiak

7-5-83

From the desk of President Ronald Reagan:

Dear Mrs. Francisiah

Paul delivered your gift
and I thank you more than
I can say. It is handsome,
certainly appropriate and was
obviously made by a master
craftsman - yourself.

Thank you again &
thanks too for your generous
words.

Sincerely

RR



End
case
File

THE WHITE HOUSE
WASHINGTON

July 7, 1983

Dear Sam:

Thanks very much for your note. The wolves are really howling as election year draws near. One of them, Jack Anderson, won a Pulitzer prize for printing a classified security document stolen from the National Security Council.

I've ordered the F.B.I. to dig as deep as they can to see if anyone did anything wrong.

Yours In The Bond,

Mr. Sam Harrod
R.R. 3, Box 72
Eureka, Illinois 61530

155207
NP011-01

June 30, 1983

from the desk of **Attorney Sam Harrod**
R.R. 3, Box 72
Eureka, IL 61530

Dear Mr. President "Dutch,"

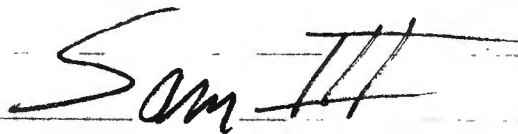
Dan "The \$25 Million Man" Rather leaked that anonymous "close advisors" of the President said Mr. Reagan may have "taken too hard a line" on private education deductions.

This was the evening after the press continually attacked you with "follow-up" grilling on alleged leaked information.

As you so correctly pointed out, the press didn't hesitate to publish classified Pentagon Papers, themselves.

Hang in there.

Yours in the Bond,



Dear Sam

Thanks very much for your note.

The wolves are really howling as election year draws near. One of them Jack Anderson won a Pulitzer prize for printing a classified security document stolen from the Nat. Security Council.

I've ordered the F.B.I. to dig as deep as they can to see if anyone did anything wrong.

Yours in the Bond Dutch

End
Case
File

300377

PV

Jul 83



July 7, 1983

*Centers
Zulu*

Miss Kathy Osborne
Secretary to the President
THE WHITE HOUSE
Washington, D.C. 20500

No Reply

Good Morning, Kathy Osborne ...

Sometime when he has a few free minutes
he might appreciate this.

No need to acknowledge.

Regards,

PH:jw
enc. "Spitball Politics"

PAUL HARVEY NEWS
360 North Michigan Avenue
Chicago, Illinois 60601

300377

End
Case
File

154002
FG143



THE WHITE HOUSE
WASHINGTON

July 8, 1983

Dear Ward:

Just a line to say thank you. I greatly appreciate your generous words. The decision, which I'm happy you approve, was based on what I believe would add to confidence in the business and money world. You indicate it did.

Nancy sends her love and from both of us to Dorothy.

Sincerely,

Ron

Mr. Ward L. Quaal
President
The Ward L. Quaal Company
Suite 3140
401 North Michigan Avenue
Chicago, Illinois 60611

The Ward L. Duval Company

401 North Michigan Avenue

Suite 3140

Chicago, Illinois 60611

Ward L. Duval

President

June 22, 1983

Telephone

312/644-6066

The Honorable Ronald W. Reagan
President of the United States
The White House
1600 Pennsylvania Avenue
Washington, D.C. 20505

My dear Mr. President:

As a businessman and as one who has stressed always that "sound money" is a must for the nation, I am just elated by, and thankful for, your nomination of Paul Volcker for another four-year term as Chairman of the Federal Reserve.

Today, Mr. President, because of your wise and sound leadership, the economy is surging forward. This would not have been possible without the "supply-side" approach, the reduction in tax rates and the emphasis by Paul Volcker about sound money policies and supply-side. In every way, Mr. President, the economy is moving forward to a period of prosperity, the like of which has not been seen in modern times.

Since you and I were boys, this nation has had to suffer from a collection of politicians whose underlying philosophy was to "tax, tax, spend, spend, elect and elect". This precious nation was almost destroyed by these expedient politicians.

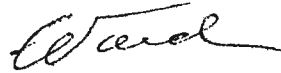
I shudder to think, Mr. President, where we would be today, as a nation, if Ronald Reagan had not come on the scene as our President in January of 1981. I said to you then, after you expressed your thoughts about good government, and I stress anew today, Mr. President, that Ronald Reagan will be recognized as our greatest President in modern history.

Again, my salute to you for your nomination of Paul Volcker. A surging economy will gain new strength with this wise decision.

The Honorable Ronald W. Reagan
June 22, 1983
Page 2

Ron, Dorothy and I send our love and our warmest wishes to you and Nancy.

Very sincerely,

A handwritten signature in cursive script, appearing to read "Ward L. Quaal".

Ward L. Quaal

WLQ:ea1

WHORM: Presidential Handwriting File

FILE TRANSFER
BY THE REAGAN LIBRARY STAFF

Presidential Records

Previously filed: *Folder 89*

Ronald Reagan Personal Papers

New file location: *Presidential Personal (PP) - July 1987*

Date of transfer: *11/20/98*

REDACTED

REDAC

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REDACTED

REDACTED

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REDACTED

Amber Rose

I just a line to say thank you. I greatly appreciate your generous words. The decision which I'm looking you appear was based on what I believe would add to confidence in the business & many more. You indicate it did. Many more the love & from last of me to 19 early.

Dear Word

To Word & more

End
Case
File

165265
PR005-01



July 9, 1983

Dear President and Mrs. Reagan,

On Friday, June 16th our estimation of you two bounced skyward. We have always thought you were doing a terrific job, but when you two took time from your busy schedule to turn around as you were leaving for Camp David and shake hands with our handicapped grandson, Todd Pierce, we knew we were right in having such faith in you.

Thank you from both of us. We have always been active in your campaigns and we will be working again in 1984.

Phyllis and Bob Zwissig

2700 Deerfield Place

Modesto, California 95355

Kathy - can I have a
photo of Nancy & me for
this one? RR

July 9, 1983

Dear President and Mrs. Reagan,

On Friday, June 16th our estimation of you two bounced skyward. We have always thought you were doing a terrific job, but when you two took time from your busy schedule to turn around as you were leaving for Camp David and shake hands with our handicapped grandson, Todd Pierce, we knew we were right in having such faith in you.

Thank you from both of us. We have always been active in your campaigns and we will be working again in 1984.

Phyllis and Bob Zwissig
2700 Deerfield Place
Modesto, Ca. 95355



To Phyllis & Bob Zinsig - With Appreciation,
Best Wishes & Regards
Nancy & Ronald Reagan

End
Case
File